

# Here We Go Boogaloo (大跳機械舞)

## (zh)

COPPER KNOB  
STEPSHEETS

Compte: 0

Mur: 1

Niveau: Intermediate

Chorégraphe: Ruben Luna (USA) - 2009年03月

Musique: Boogaloo - Soul Control



前奏 : Dance begins after 32 counts 32拍後起跳

Part A A部份 48拍

### 第一段 Mambo Front Right, Clap, Mambo Back Left, Clap 前曼波, 拍手, 後曼波, 拍手

- 1-2 Step forward right, recover back onto left 右足前踏, 左足回復  
3-4 Step right foot next to left, and clap once 右足併踏, 拍手  
5-6 Step left foot back, recover forward onto right  
左足後踏, 右足回復  
7-8 Step Left next to right, and clap once 左足併踏, 拍手

### 第二段 Rt. Low Kick Forward, Low Kick Rt. Side, Rt. Sailor, Lt. Sailor, Step ¼ Turn Rt., Cross Lt. Over Rt. 前踢, 右踢, 右水手, 左水手, 1/4 交叉

- 1-2 Low kick right foot forward, low kick right foot to side  
右足略前踢, 右足略右踢  
3&4 Step right behind left, step left to left side, step right to right side 右足於左足後踏, 左足左踏, 右足右踏  
5&6 Step left behind right, step right to right side, step left to left side 左足於右足後踏, 右足右踏, 左足左踏  
7-8 Step right to right side ¼ turn right, (3:00) cross left over right  
右足右踏右轉90度(面向3點鐘), 左足於右足前交叉踏

### 第三段 Vine Right Double Clap, Vine Left Single Clap 右華倫帶拍手兩次, 左華倫帶點並拍手一次

- 1-2 Step right to right side, step left behind right  
右足右踏, 左足於右足後踏  
3-4 Step right to right side, touch left next to right(clap 2 times on - &4) 右足右踏, 左足併踏(&4拍手兩次)  
5-6 Step left to left side, step right behind left  
左足左踏, 右足於左足後踏  
7-8 Step left to left side, touch right next to left (clap once on - 8)  
左足左踏, 右足併點(第8拍拍手一次)

### 第四段 Rocking Chair, Step Pivot ½ Turn Left, Step ½ Turn Left 搖椅步, 踏轉, 踏轉

- 1-2 Step forward onto right, rock back onto left  
右足前踏, 左足回復  
3-4 Step back onto right, rock forward onto left  
右足後踏, 左足回復  
5-6 Step forward right foot, ½ pivot turn left (9:00)  
右足前踏, 左軸轉180度(面向9點鐘)  
7-8 Step forward onto right foot, ½ turn left (3:00) step left to left side 右足前踏, 左轉180度(面向3點鐘), 左足左踏

\*For styling while doing steps 5-8 raise hands in the air and shake hands  
5-8拍手勢 : 雙手高舉搖擺

**第五段 Heel Grind Right, Triple In Place, Heel Grind Left Triple In Place**  
**踵轉, 原地恰恰恰, 踵轉, 原地恰恰恰**

- 1-2 Touch right heel in front, twist right toe to right side  
右足踵前點, 右足趾向右轉
- 3&4 Step right next to left, step left next to right, step right next to left 右足併踏, 左足併踏, 右足併踏
- 5-6 Touch left heel in front, twist left toe to left side  
左足踵前點, 左足踵向左轉
- 7&8 Step left next to right, step right next to left, step left next to right 左足併踏, 右足併踏, 左足併踏

**第六段 Vine Right, ¼ Right, ½ Turn Right, Walk Right, Left, Right, Left**  
**右華倫, 1/4, 1/2, 走走走走**

- 1-2 Step right to right side, step left behind right  
右足右踏, 左足於右足後踏
- 3-4 Step right ¼ turn right (6:00), ½ turn right (12:00) stepping left foot back 右轉90度右足踏(面向6點鐘),  
右轉180度左足後踏(面向12點鐘)
- 5-6 Step forward right, step forward left 右足前踏, 左足前踏
- 7-8 Step forward right, step forward left 右足前踏, 左足前踏

\*Variation options for counts 5-8 you could either skate R,L,R,L or move knees in and out with each step 5-8拍走四步, 可以滑冰步取代, 也可以轉膝走步

**Part B B部份 32拍**

**第一段 Rock Recover Right, ½ Turn Right, ½ Turn Right, Step Cross, Step Cross**  
**右下沉 回復, 轉轉, 踏交叉, 踏交叉**

- 1-2 Step right to right side, rock back onto left 右足右踏, 左足後回復
- 3-4 Step right ½ turn right (6:00) step left ½ turn right (12:00)  
右轉180度右足踏(面向6點鐘), 右轉180度左足踏(面向12點鐘)
- 5-6 Step right to right side, cross left over right  
右足右踏, 左足於右足前交叉踏
- 7-8 Step right to right side, cross left over right  
右足右踏, 左足於右足前交叉踏

**第二段 Rock Recover Right, Vine Left, ¼ Turn Left, ¼ Turn Left, Hip Bumps**  
**右下沉 回復, 後 1/4 1/4 點**

- 1-2 Step right to right side, recover onto left  
右足右踏, 左足回復
- 3-4 Step right behind left, step left ¼ turn left (9:00)  
右足於左足後踏, 左轉90度左足踏(面向9點鐘)
- 5-6 Step right ¼ turn left (6:00), touch left next to right (make sure right knee is bent) 左轉90度右足踏(面向6點鐘), 左足併點(右膝彎)
- 7&8 Hip bump right, hip bump left, hip bump right  
右推臀, 左推臀, 右推臀

**第三段 Cross Rock Recover Left, Triple To Side, Cross Rock Recover Right Triple To Side** 交叉下沉 回復, 左追步, 交叉下沉 回復, 右追步

- 1-2 Cross left over right, recover onto right  
左足於右足前交叉踏, 右足回復
- 3&4 Step left to left side, step right next to left, step left to left side 左足左踏, 右足併踏, 左足左踏
- 5-6 Cross right over left, recover onto left  
右足於左足前交叉踏, 左足回復
- 7-8 Step right to right side, step left next to right, step right to side  
右足右踏, 左足併踏, 右足右踏

**第四段** ¼ Turn Jazz Box Left, Vine Left, ¼ Turn Left, Triple Step  
爵士方塊左1/4, 左轉1/4華倫帶前交換

- 1-2 Cross left over right, step back onto right  
左足於右足前交叉踏, 右足後踏
- 3-4 ¼ turn left (3:00) step forward on left, step forward with right  
左轉90度(面向3點鐘)左足前踏, 右足前踏
- 5-6 Step left to left side, step right behind left  
左足左踏, 右足於左足後踏
- 7&8 ¼ turn left (12:00) step forward on left, step right next to left, step left forward 左轉90度(面向12點鐘)左足前踏, 右足併踏, 左足前踏

Part C C部份 32拍

**第一段** Mambo Right Hold, Mambo Left Hold 右曼波, 候, 左曼波, 候

- 1-2 Rock right to right side, recover onto left  
右足右下沉, 左足回復
- 3-4 Step right next to left, hold 右足併踏, 候
- 5-6 Rock left to left side, recover onto right  
左足左下沉, 右足回復
- 7-8 Step left next to right, hold 左足併踏, 候

**第二段** ½ Pivot Turn Left, Step Together Hold, Step Forward, Step Together, Step Forward, Step Touch 踏轉併候, 踏併踏點

- 1-2 Step forward with right foot, ½ turn to the left (6:00)  
右足前踏, 左轉180度(面向6點鐘)
- 3-4 Step right next to left, hold 右足併踏, 候
- 5-6 Step left forward, step right next to left  
左足前踏, 右足併踏
- 7-8 Step left forward, touch right next to left  
左足前踏, 右足併點

**第三段** Mambo Right Hold, Mambo Left Hold 右曼波, 候, 左曼波, 候

- 1-2 Rock right to right side, recover onto left  
右足右下沉, 左足回復
- 3-4 Step right next to left, hold 右足併踏, 候
- 5-6 Rock left to left side, recover onto right  
左足左下沉, 右足回復
- 7-8 Step left next to right, hold 左足併踏, 候

**第四段** ½ Pivot Turn Left, Step Together Hold, Step Forward, Step Together, Step Forward, Step Touch 踏轉併候, 踏併踏點

- 1-2 Step forward with right foot, ½ turn to the left (12:00)  
右足前踏, 左轉180度(面向12點鐘)
- 3-4 Step right next to left, hold 右足併踏, 候
- 5-6 Step left forward, step right next to left  
左足前踏, 右足併踏
- 7-8 Step left forward, touch right next to left  
左足前踏, 右足併點

\* When doing partial A dance through first 32 counts and change the last two counts from ½ turn to ¾ turn end facing Front (12:00)

partial A部份是跳到第32拍, 將最後2拍由轉180度改成轉270度面向前面牆

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