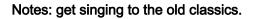
Mash Up

Compte: 64

Niveau: Improver

Chorégraphe: Laura Sway (UK) - March 2015

Musique: Generation Disco Medley by Best Of Disco Medleys (3:50)



[1-8] Grapevine right, step across, right Chasse, rock back , recover.

Step right to right side, step left behind right, step right to right side, step left across right.
step right to right side, step left to right, step right to right side. Rock back on the left, recover weight onto right.

[9-16] Grapevine left, step across, left Chasse, rock back, recover.

Step left to left side , step right behind left, step left to left side, step right across left.
step left to left side, step right to left, step left to left side. Rock back on the right, recover weight onto left.

(RESTART wall 4)

[17-24] Step right, kick left, step left, kick right, jazz box, scuff.

1234- step right to right side, kick left diagonally forward across right. Repeat to the left.

(Tag here on wall 7)

5678- step right across left, step back on the left, step right slightly to right side, scuff left forward.

[25-32] Step 1/2 turn right step, clap. Step 1/4 turn left step, clap.

1234- step forward on the left, pivot $\frac{1}{2}$ over right shoulder, step forward on the left, clap.

5678- step forward on the right, pivot ¼ over left shoulder, step forward on the right, clap.

[33-40] Walk forward x3, kick right, walk back x2, right coaster step.

- 1234- walk forward left, right, left. Kick right forward.
- 56 7&8 walk back right, left. Step back on the right, step left to right, step forward on the right.

[41-48] point side, hitch, point side, flick, grapevine left, touch.

- 1234- point left to left side, hitch left knee up, point left to left side, flick left leg behind.
- 5678- step left to left side, step right behind left, step left to left side, touch right beside left.

[49-56] Turning vine right, touch, step side, touch , step side, touch (rolling arms in front of body)

making a full turn travelling to the right step right, left, right, touch left beside right.
step left to left side, touch right slightly to right side, step right to right side, touch left slightly to left side.

[57-64] rock forward recover, shuffle ½ left, jump out out, clap, hip bumps x2

- 12 3&4- rock forward on the left, recover weight onto right. Making ½ turn over left shoulder, step forward on the left, step right to left, step forward on the left.
- &56 78- Jump right out, then left out, clap. Bump hips to the right, bump hips to the left.

TAG - (end of wall 5 & wall 7 after 20 counts)

[1-4] right jazz box with a cross.

1234- cross right over left, step back on the left, step right to right side, cross left over right.

RESTART - wall 4 after 16 counts

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Last Update - 6th April 2015



Mur: 4