# Love Is Like The Sea (愛像大海) (zh)

**Compte:** 32 **Mur:** 4 **Niveau:** Improver
**Chorégraphe:** Michael Barr (USA) - 2010年01月
**Musique:** Like the Sea - Alicia Keys : (CD - The Element of Freedom)

前奏： 16 cts. 16拍後起跳

**第一段** **FORWARD-SIDE-CLOSE X 2 - ROCK-RETURN-TOUCH, 1/4 SAILOR TOUCH**
**前-側-併 二次, 下沉 回復 點, 轉1/4水手點**

1 & 2 Step L Forward On The Right Diagonal; Step Ball Of R Side Right; Step L Next To Right Angling Body To L Diagonal
左足右斜前踏, 右足右踏, 左足併踏身體向左斜前

3 & 4 Step R Forward On The Left Diagonal; Step Ball Of L Side Left; Step R Next To Left Squaring Up On Front Wall
右足左斜前踏, 左足左踏, 左足併踏轉向正

5 & 6 Rock Forward Onto L; Return Weight Onto R; Touch L Side Left
左足前下沉, 右足回復, 左足左點

7 & 8 Step Ball Of L Behind Right; Turn ¼ Left Stepping Onto Your R In Place; Touch L Side Left **(Facing 9 O'Clock)**
左足右足後踏, 左轉90度右足踏, 左足左點(面向9點鐘)

**第二段** **BALL-CROSS, SIDE, ½ TURN RIGHT-SIDE TOCUH, POP-STRAIGHTEN – X 2**
**(併-交叉, 側, 1/2 右踏 點, 彈 伸直) 二次**

& 1-2 Step Ball Of L Near Right Heel; Cross R Over Left; Step L Side Left (Start To Pull Right Shoulder Back For Turn)
左足併踏, 右足於左足前交叉踏, 左足左踏(重心在右肩準備右轉動作)

& 3 Turn ½ Right On Ball Of Left Stepping R Side Right (With Bent R Knee); Touch L Side Left **(Facing 3 O'Clock)**
右轉180度右足右踏(右膝彎), 左足左點(面向3點鐘)

& 4 (Pulse) Pop L Knee (Left Heel Comes Off Floor); Straighten L Leg (Left Heel Returns To Floor, No Weight)
左膝彈(左足踵離地), 左足伸直(左足踵踏, 重心在右足)

& 5-6 Step Ball Of L Near Right Heel; Cross R Over Left; Step L Side Left (Start To Pull Right Shoulder Back For Turn)
左足併踏, 右足於左足前交叉踏, 左足左踏(重心在右肩準備右轉動作)

& 7 Turn ½ Right On Ball Of Left Stepping R Side Right (With Bent R Knee); Touch L Side Left **(Facing 9 O'Clock)**
右轉180度右足右踏(右膝彎), 左足左點(面向9點鐘)

& 8 (Pulse) Pop L Knee (Left Heel Comes Off Floor); Straighten L Leg (Left Heel Returns To Floor, No Weight)
左膝彈(左足踵離地), 左足伸直(左足踵踏, 重心在右足)

**第三段** **BALL-CROSS, SIDE-TOUCH, KICK-BALL-TOUCH**
**BALL-FORWARD, ROCK-RETURN, FORWARD 1/4 RIGHT, FORWARD 1/4 RIGHT**
**併-交叉, 側-點, 踢-併-點, 併-踏, 下沉-回復, 踏 1/4, 踏 1/4**

&1&2 Step Ball Of L Near Right Heel; Cross R Over Left; Large Step Onto L Side Left; Touch R Next To Left
左足併踏, 右足於左足前交叉踏, 左足左大步, 右足併點

3 & 4 Kick R Forward; Step Back On R; Touch L Forward
右足前踢, 右足後踏, 左足前點

& 5 Step Ball Of L Next To Right; Step R Forward (Start Turning Slightly To The Right) 左足併踏, 右足略右前踏

& 6 Press Into Ball Of L In Place; Return Weight Onto R In Place (Or You Can Just Hold If You Like) 左足壓踏, 右足回復

& 7 Step L Next To Right Heel; Turn ¼ Right Stepping R Forward (Crossing Slightly In Front Of L) **(Facing 12 O'Clock)**
左足併踏, 右轉90度右足略於左足前交叉踏(面向12點鐘)

& 8 Step L Next To Right Heel; Turn ¼ Right Stepping R Forward (Crossing Slightly In Front Of L) **(Facing 3 O'Clock)**
左足併踏, 右轉90度右足略於左足前交叉踏(面向3點鐘)

**Note: The Two ¼ Turns Basically Form A ½ Circle To The Right.**
注意：兩個90度轉合成一個右轉180度

**第四段** **STEP-SIDE TOUCH, STEP-SIDE TOUCH, STEP-FORWARD TOUCH, KNEE POP – X 2**

&1&2 Step L To Center; Touch R Side Right; Step R Next To Left; Touch L Side Left 左足併踏, 右足右點, 右足併踏, 左足左踏

& 3 Step L Next To Right; Touch R Forward (Open Hips Slightly To The Left Diagonal) 左足併踏, 右足前點左斜前推臀

& 4 (Pulse) Pop R Knee (Right Heel Comes Off Floor); Straighten R Leg (Right Heel Returns To Floor, No Weight)
右膝彈(右足踵離地), 右足伸直(右足踵踏, 重心在左足)

&5&6 Step R Next To Left; Touch L Side Left; Step L Next To Right; Touch R Side Right 右足併踏, 左足左點, 左足併踏, 右足右點

& 7 Step R Next To Left; Touch L Forward (Open Hips Slightly To The Right Diagonal) 右足併踏, 左足前點右斜前推臀)

& 8 (Pulse) Pop L Knee (Left Heel Comes Off Floor); Straighten L Leg (Left Heel Returns To Floor, No Weight)
左膝彈(左足踵離地), 左足伸直(左足踵踏, 重心在右足)

**Note: The '&' Counts Before Cts, 4 And 8, May Or May Not Be Spoken In Your Cues. Whatever Feels Best!**
注意:在第4拍及第8拍前的"&"拍, 不需要照我編的舞序, 可以自由舞動

**Ending: You Will Be Facing The 9 O'Clock Wall At The End Of The Song. As You Finish Count 32 Try This:**
結束時會跳到32拍面向9點鐘, 再多加下面動作以面向12點做完美結束

& 1 Turn ¼ Right As You Step Ball Of L Next To Right; Cross Step R Over Left (Facing 12 O'Clock)
右轉90度左足併踏, 右足於左足前交叉踏(面向12點鐘)

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