Funk It Up



Compte: 32 Mur: 2 Niveau: Beginner ish

Chorégraphe: Jørn Ingo Madsen - January 2015

Musique: Slam Dunk - Five



Music suggestion: This is a Fast One But find one you like: Let's Groove Artist: Earth, Wind & Fire

[1-8]□Section 1:□Funky Walks Forward and Back, & syncopated jumps. □

1-2 Step R Forward an Out to R side (1) Step L Forward an Out to Left side (2)

3-4 Step R Back To Center (3), Step L Back to center,

&5&6 Step/jump R Forward (&), Step/Jump L forward on (5), Step/jump R Back on (&) Step/Jump

L Back (6)

&7&8 Repeat &5&6.

[9-16]□Section 2:□Rolling Wine to Right, Rolling wine to The Left.

1-4 Turn ¼ To R step R forward 3 o'clock, Turn ½ Turn on ball and Step Left Back 9 o'clock,

Turn ¼ R Step R to Right side 12 O'CLOCK, touch L next to Right.

5-8 Turn ¼ To L step L forward 9 o`clock, Turn ½ Turn on ball and Step R Back 3 o`clock, Turn

□¼ L Step L to Right side 12 O'CLOCK, touch L next to Right.

Option ☐ (For absolute beginners: they can take a Vine to L, vine to R if Rolling is to tricky)

(IF You like to Funk it up, You can do the 3 first counts:

(&4&)□ Then You touch L next R (&), Touch L Out to side(4), Touch L next to R on &

(&8&)□Repat it but now with R legs.

(&4,&8) Or clap hands x2 on & 4 and on & 8

[17-24]□Section 3:□Step slide, step slide, 2 x Rock and step

1-2 Step Right Diagonally Forward (1), Slide Left into Right (2)
3-4 Step Left Diagonally Forward (3), Slide Right Into Left (4)

(The Option will start here on 5&6.......)

5&6 (21)Rock R forward (5), Recover back to L (&) Step R forward (6).
7&8 Rock L forward (7), Recover to R (&), Step forward on L (8).

(Show your breast, view yours tits)☐ On 5&6 7&8.)

[25-32]□Section 4:□2 x Steps turns (Step ¼ turn), Cross Back Side X 2

1-2 Step R Forward, Turn ¼ to left change weight to L
3-4 (28)□Repat 1-2 (The option under will stops here)
5&6 Cross R over L (5), Step Back on L (&), Step R to R Side.

7&8 Cross L over R (7), Step Back On R (&), Step L to L Side.

THE END, START AGAIN , HAVE FUN, GO TOTALLY MAD ON THE DANCE FLOOR, KEEP SMILING.

(For easier steps: You do a jazzbox on 5-6-7-8. Cross R over L (5), Step back on L (6), Step R to R Side (7), Step L Forward (8))

(For They as Want to Funk It up, You do: Kick R diagonally L (5), cross R over L (&), Step L Back (6), Step R to R side(&), Kick L diagonally Forward (7) Cross L over R (&), Step R back (8), Step L to the L side.)

Option□: Only for the intermediate dancers, Of Course you are... This is a variation.

[21-28]□Running Man, Scuff Turns, Looking's prep, Spinn turns ¾ turns

&5,&6, Hitch R (&) Drop Down With R while L presses Back (5)

& 7 Hitch L (&) Drop Down with L while R presses Back (6), Hitch R (&) Drop Down With R while

L presses Back (7)

& 8 Scuff L Forward (&), Turn ¼ to R while Step L to Side. 3 O'CLOCK

1 & 2 Look for Cars to Right (1) 6 o`clock, Look Forword to see the crashes (&) □ 3 o`clock, Angel

your body (not yours □feet) to the R and make a big prep. You look at 6 o'clock

3-4 Over 2 Counts you spin ¾. Ready to come into the dance again. Cross, back, Side – Cross, Back, side.

Only For The Advance and superstars:

On Count 3-4 You get more Power from the Prep and You can make a Full and a 3/4 Spinning turns.

of course you can.

This dance was made to Our Open Day in Lillyhammer for the beginners but you can funk it up if you like, and I have her give a little examples , and the dance was well received and also in workshops at Tromsø, and I hope you will like it too. Now, it's your time to funk it up, do everything that's are Funky stuff. Keep on smile and keep on Moooove your feet....Good Luck: Jørn Ingo Madsen/Western Kickers Linedancers/Norway/Lillehammmer□

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