

# Quicksand

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Francien Sittrop (NL) - April 2015

Musique: Quicksand - Caro Emerald



**Intro: Start after 16 Counts**

**[1 – 8] □ Side, Rock Back, Recover, Kick Ball Cross, Side, Behind , Side, Cross**

- 1 – 3            Step L to L side, Rock R back, Recover on L
- 4 & 5           Kick R fwd, Step R down, Step L across R
- 6                Step R to R side
- 7 & 8            Step L behind R, Step R to R side, Step L across R

**[9-16] □ Rock Back, Recover, Behind, ¼ Turn L, Step fwd, Rock fwd, Recover, Coaster Cross**

- 1 – 2            Rock R to R side, Recover on L
- 3 & 4            Step R behind L, ¼ Turn L step L fwd, Step R fwd (09.00)
- 5 – 6            Rock L fwd, Recover on R
- 7 & 8            Step L back , Step R next to L, Step L across R

**[17-24] □ Side, Together, Side Shuffle, Cross Rock , Recover, Shuffle ¼ Turn L**

- 1 – 2            Step R to R side, Step L next to R
- 3 & 4            Step R to R side, Step L next to R, Step R to R side
- 5 – 6            Rock L across R, Recover on R
- 7 & 8            L step L fwd, Step R next to L, ¼ Turn Step L fwd (06.00)

**[25-32] □ Shuffle ½ Turn L x2, Rock fwd, Recover, Coaster Cross**

- 1 & 2            ¼ Turn L step R to R side, Step L next to R, ¼ Turn L step R back
- 3 & 4            ¼ Turn L step L to L side, Step R next to L, ¼ Turn L step L fwd (06.00)
- 5 – 6            Rock R fwd, Recover on L
- 7 & 8            Step R back, Step L next to R , Step R across L

**[33-40] □ Back , Heel fwd ,Hold, Ball Cross, Side, Sailor step ¼ Turn L, Skates R-L**

- & 1              Step L back, Touch R heel fwd
- 2                Hold (while you lean your body diagonally L back)
- &3-4            Step R next to L, Step L across R, Step R to R side
- 5 & 6            Sweep L behind R with ¼ Turn L, Step R next to L , Step L fwd (03.00)
- 7 – 8            Skate R fwd, Skate L fwd

**[41-48] □ Syncopated Jazz Box ¼ Turn R, Behind , Side, Cross, ¼ Turn R, Touch**

- 1-2&            Step R across L, ¼ Turn R step L back, Step R next to L (06.00)
- 3 – 4            Step L across R, Step R to R side
- 5 & 6            Step L behind R, Step R to R side, Step L across R
- 7 – 8            ¼ Turn R step R fwd, Touch L behind R (09.00) \*\*R\*\*

**[49-56] □ Lock steps back x2, Full Turn L with 2 walks and Shuffle**

- 1 & 2            Step L back, Lock R in front of L, Step L back
- 3 & 4            Step R back, Lock L in front of R, Step R back
- 5 – 6            ¼ Turn L step L to L side, ¼ Turn L step R fwd
- 7 & 8            ¼ Turn L step L to L side, Step R next to L , ¼ Turn L step L fwd (09.00)

**[57-64] □ Rock fwd, Recover , Rock Side, Recover, Behind, Side, Cross, Touch, Flick**

- 1 – 2            Rock R fwd, Recover on L
- 3 – 4            Rock R to R side, Recover on L

5 & 6            Step R behind L, Step L to L side, Step R across L  
7 – 8            Touch L to L side, Flick L behind R

**Restart : During wall 2 & 4 after count 48 Start again with count 1**

**Tag : after wall 5**

1 – 8            Side, Rock back, Recover x2 ,Touch , Flick  
1 – 3            Step L to L side, Rock R back, Recover on L  
4 – 6            Step R to R side, Rock L back, Recover on R  
7 – 8            Touch L to L side, Flick L behind R

**Ending: Last Wall starts on the back. Dance until count 44 (Syncopated Jazzbox).**

**Website☐: [www.franciensittrop.nl](http://www.franciensittrop.nl)**

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