What It Takes (如你所願) (zh)

Compte: 64 **Mur:** 4 **Niveau:** Intermediate
Chorégraphe: Kim Ray (UK) - 2009年11月
Musique: Baby (You've Got What It Takes) (with Sharon Jones & the Dap-Kings) - Michael Bublé : (CD: Crazy Love)

前奏： 16 Count intro 16拍後起跳

第一段 Toe Strutt, Rock/Recover, Coaster Step, Pivot ¼ Left
趾踵, 下沉回復, 海岸步, 踏轉1/4

1-2 Step forward on right toe, drop heel and take weight
右足趾前點, 右足踏

3-4 Rock forward on left, recover back on right
左足前下沉, 右足回復

5&6 Step back on left, step right next to left, step forward on left
左足後踏, 右足併踏, 左足前踏

7-8 Step forward on right, ¼ pivot turn left (9 o/clock)
右足前踏, 左軸轉90度(面向9點鐘)

第二段 Cross Rock/Recover, Weave, Chasse Right
交叉下沉回復, 藤步, 右追步

1-2 Cross rock right over left, recover back on left
右足於左足前交叉下沉, 左足回復

3-4 Step right to right side, step left behind right
右足右踏, 左足於右足後交叉踏

5-6 Step right to right side, step left across right
右足右踏, 左足於右足前交叉踏

7&8 Step right to right side, step left next to right, step right to right side 右足右踏, 左足併踏, 右足右踏

第三段 Cross Rock/Recover, Triple ¾ Turn Left, Toe Strutt, Pivot ½ Turn Right 交叉下沉回復, 三步轉3/4, 趾踵, 踏轉

1-2 Cross rock left over right, recover back on right
左足於右足前交叉下沉, 右足回復

3&4 Triple step left, right, left turning ¾ left (front)
三步轉270度-左, 右, 左

5-6 Step forward on right toe, drop heel and take weight
右足趾前點, 右足踵踏

7-8 Step forward on left, ½ pivot turn right (back)
左足前踏, 右軸轉180度

第四段 Toe Strutt, Pivot ½ Turn Left, Full Turn, Pivot ½ Turn Left
趾踵步, 踏轉, 轉圈, 踏轉

1-2 Step forward on left toe, drop heel and take weight
左足趾前點, 左足踵踏

3-4 Step forward on right, ½ pivot turn left (front)
右足前踏, 左軸轉180度

5-6 ½ turn left stepping back on right, ½ turn left stepping forward on left (or walk forward)
左轉180度右足後踏, 左轉180度左足前踏

7-8 Step forward on right, ½ pivot turn left (back)
右足前踏, 左軸轉180度

第五段 Touch Steps, Rock Forward/Recover, Rock Side, ¼ Turn Left
點踏點踏, 前下沉回復, 右下沉, 左1/4

1-2 Touch right toe forward, step down on right taking weight
右足趾前點, 右足踏

3-4 Touch left toe forward, step down on left taking weight
左足趾前點, 左足踏

5-6 Rock forward on right, recover back on left
右足前下沉, 左足回復

7-8 Rock side right, recover in on left and ¼ turn left (3 o/clock)
右足右下沉, 左轉90度左足回復(面向3點鐘)

第六段 Touch Steps, Rock Forward/Recover, Rock Side, ¼ Turn Left
點踏點踏, 前下沉回復, 右下沉, 左1/4

1-2 Touch right toe forward, step down on right taking weight
右足趾前點, 右足踏

3-4 Touch left toe forward, step down on left taking weight
左足趾前點, 左足踏

5-6 Rock forward on right, recover back on left
右足前下沉, 左足回復

7-8 Rock side right, recover in on left and ¼ turn left (front)
右足右下沉, 左轉90度左足回復

第七段 Jazz Box Scuff X2 爵士方塊帶擦踢二次

1-2 Cross right over left, step back on left
右足於左足前交叉踏, 左足後踏

3-4 Step right to right side, scuff left forward
右足右踏, 左足前擦踢

5-6 Cross left over right, step back on right
左足於右足前交叉踏, 右足後踏

7-8 Step left to left side, scuff right forward
左足左踏, 右足前擦踢

第八段 Weave Left & ¼ Turn Left, Pivot ½ Turn Left, Full Turn
左藤步帶左轉1/4, 踏轉, 轉圈

1-2 Cross right over left, step left to left side
右足於左足前交叉踏, 左足左踏

3-4 Cross right behind left, ¼ turn left stepping forward on left (9 o/clock) 右足於左足後交叉踏, 左轉90度左足前踏(面向9點鐘)

5-6 Step forward on right, ½ pivot turn left (3 o/clock)
右足前踏, 左軸轉180度(面向3點鐘)

7-8 ½ turn left stepping back on right, ½ turn left stepping forward on left (or walk forward) 左轉180度右足後踏, 左轉180度左足前踏
(簡易版:右足前走, 左足前走)