It's Out Of My Hands



Compte: 34 Mur: 4 Niveau: Intermediate

Chorégraphe: Hazel Pace (UK) - May 2015

Musique: It's Out of My Hands - David Kersh : (iTunes)



Intro: 16 Counts, Just before vocals. - 2 Easy restarts.

[1 – 8]□Stride Left, Rock Recover Side, Behind Side Cross, & Cross, Side Rock Recover Cross.

1 Stride left to left side dragging right towards left.

2 & 34 & 5Rock right behind left, recover on left, right to right side.Step left behind right, right to right side, cross left over right.

&6 Step right to right side, cross left over right.

7 & 8 Rock right to right side, recover on left, cross right over left.

[9 – 16] □ & Behind Side Cross, Side Rock Recover Cross, Rock Recover 1/4 Left, Cross Side Behind.

&1&2 Step left to left side, right behind left, left to left side, cross right over left.

3 & 4 Rock left to left side, recover on right, cross left over right.

5 – 6 Rock right to right side, make 1/4 turn left rocking weight onto left. (9.00).

7 & 8 Cross right over left, left to left side, right behind left.

(Counts 15 – 18 circular movement).

[17 – 24] Sweep Left Behind Side Cross, & Rock Recover, & Rock Recover, 1/4 Right, Rock 1/2 Right.

&1&2	Sweep left round behind right, step left behind right, right to right side, cross left over right.
& 3 –4	Small step right on right, cross rock left over right, recover on right. (Facing right diagonal).
& 5 –6	Small step left on left, cross rock right over left, recover on left. (Facing left diagonal).
&7 –8	Make 1/4 turn right stepping forward on right, rock forward on left making 1/2 turn right,
	recover on right. (6.00).

Restarts. Walls 3 & 6).

[25 – 34] Left Shuffle, Rock Recover 1/2 Left, 1/4 Left Side Behind Side, Cross Rock Recover, & Cross, Side Together.

1 & 2	Step forward on left, right beside left, forward on left.
3 – 4	Make 1/4 turn left rocking right to right side, recover onto left making 1/4 turn left. (12.00).
5 & 6	Make 1/4 turn left stepping right to right side, left behind right, right to right side. (9.00).
7 – 8	Cross rock left over right, recover on right.
&1	Step back on left, cross right over left.
2&	Step left to left side, right beside left.

Start Again.

*2 Easy Restarts. Walls 3 – 6 (12.00). After Count 24

Ending: ☐ Dance up to count 18 facing 3.00 unwind 3/4 turn right to front.

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