## Country Twist

Compte: 48
Mur: 2
Niveau: Absolute Beginner
Chorégraphe: Yvonne Anderson (SCO) - July 2015
Musique: The Twist (Cowboy Style) - BJ Blue and the Cadillac Cowboys

Notes: Start on vocal. Thanks to my class for suggesting we have a dance that fits this track. Yes I do know 48 counts is a lot for a beginner, but because of the repetition it feels much shorter
(S1)■RIGHT HEEL DIG FORWARD X 2, RIGHT TOE TOUCHES BACK X 2, STEP, TOGETHER, HEEL SWING
1-2 Touch $R$ heel forward twice [12]
3-4 Touch R toes back twice [12]
5-6 Step $R$ forward, Step $L$ beside right [12]
7-8 Swing both heels to R, Return to centre weight on R [12]
(S2)■LEFT HEEL DIG FORWARD X 2, LEFT TOE TOUCHES BACK X 2, STEP, TOGETHER, HEEL SWING
1-2 Touch $L$ heel forward twice [12]
3-4 Touch $L$ toes back twice [12]
5-6 Step L forward, Step R beside left [12]
7-8 Swing both heels to $L$, Return to centre weight on L [12]
(S3) $\square G R A P E V I N E ~ R I G H T, ~ T O G E T H E R, ~ T R A V E L L I N G ~ H E E L ~ T O E ~ T W I S T S ~ L E F T, ~ F L I C K ~$
1-4 Step $R$ to right, Step $L$ behind right, Step $R$ to right, Step $L$ beside right [12]
5-6 travelling left swing heels to left. Swing toes to left. Swing heels to left, flick $R$ behind left [12]
(S4)■GRAPEVINE $1 / 4$ TURN RIGHT, TOGETHER, TRAVELLING HEEL TOE TWISTS LEFT, FLICK
1-4 Step R to right, Step L behind right, Make $1 / 4$ turn right stepping $R$ forward, Step L beside right [12]
5-6 travelling left swing heels to left. Swing toes to left. Swing heels to left, flick $R$ behind left [12]
(S5) $\square$ STOMP FORWARD, SWIVEL HEEL, TOE, HEEL X 2
1-4 Stomp R forward (long step), Swing L heel towards right, Swing L toes towards right, Swing L heel towards right (weight remains on $R$ throughout counts 1-4) [3]
5-6 Stomp L forward (long step), Swing $R$ heel towards left, Swing $R$ toes towards left, Swing R heel towards left
(weight remains on R throughout counts 5-8) [3]
(S6) $\square$ STEP BACK, TAP X 2, GRAPEVINE $1 / 4$ TURN RIGHT, TOGETHER
1-2 Step $R$ back, Tap $L$ toes beside right and clap hands [3]
3-4 Step $L$ back, Tap $R$ toes beside left and clap hands [3]
5-8 Step R to right, Step L behind right, Make 1/4 turn right stepping R forward, Step L beside right [6\}

REPEAT

