It's A Replay (一直重播) (zh)

Compte: 32 **Mur:** 2 **Niveau:** Improver
Chorégraphe: Joyce Plaskett (UK) - 2010年04月
Musique: Replay - Iyaz

前奏： Intro: 16 counts 16拍後起跳

第一段 **Forward Rumba Box, Left Hip Bumps X3, Right Hip Bumps X3**
倫巴方塊, 左推臀三次, 右推臀三次

1&2 Left to side, step right together, step left forward
左足左踏, 右足併踏, 左足前踏

3&4 Right to side, step left together, step right back
右足右踏, 左足併踏, 右足後踏

5&6 Step left back bumping hips left (back), bump hips right (forward), bump hips left (back) 左足後踏後推臀, 右前推臀, 左後推臀

7&8 Step right back bumping hips right (back), bump hips left (forward), bump hips right (back) 右後推臀, 左前推臀, 右後推臀

第二段 **Left Shuffle Forward, Right Step Turn Step, Full Turn Right, Right Kick Ball Change 前交換, 踏 轉 踏, 轉 轉 踏, 踢 併 踏**

1&2 Chassé forward left, right, left
前交換-左, 右, 左

3&4 Step right forward, turn ½ left, step right forward
右足前踏, 左轉180度, 右足前踏

5&6 Turn ½ right and step left back, turn ½ right and step right forward, step left forward 右轉180度左足後踏, 右轉180度右足前踏, 左足前踏

7&8 Kick right forward, step to ball of right, step left forward
右足前踢, 右足踏, 左足前踏

第三段 **Right Rocking Chair, Right Side Rock Cross, Left Lock Step Back, Sailor ¼ Turn 搖椅步, 曼波交叉, 後鎖步, 1/4轉水手**

1& Rock right forward, rock left back, rock right back, rock left forward 右足前下沉, 左足後下沉, 右足後下沉, 左足前下沉

3&4 Rock right to side, recover to left, cross right over left
右足右下沉, 左足回復, 右足於左足前交叉踏

5&6 Step left back, cross right over left, step left back
左足後踏, 右足於左足前交叉踏, 左足後踏

7&8 Cross right behind left, turn ¼ right and step left together, step right in place 右足於左足後交叉踏, 右轉90度左足併踏, 右足踏

第四段 **Left Cross, Right Side, Sailor ¼ Turn, Walk Twice, Mambo Step**
交叉, 右, 1/4轉水手, 走 走, 前曼波

1-2 Left over right, right to side
左足於右足前交叉踏, 右足右踏

3&4 Cross left behind right, turn ¼ left and step right together, step left in place 左足於右足後交叉踏, 左轉90度右足併踏, 左足踏

5-6 Step right forward, step left forward
右足前踏, 左足前踏

7&8	Rock right forward, recover to left, step right together 右足前下沉, 左足回復, 右足併踏