Impossible (沒有不可能) (zh)

Niveau: Intermediate

Chorégraphe: Kate Sala (UK) - 2009年11月

Compte: 64

Musique: Impossible - Daniel Merriweather : (CD: Love And War)

前奏: Start after a 64 count intro. On main vocals.

- 第一段 Right Kick & Side Touch, Left Hitch & Side Touch, Sailor Step With ¼ Turn Right, Heel Switches x2. 踢併點,抬踏點, 1/4轉水手, 踵收踵收
- 1&2 Low kick R forward. Step down on ball of R. Touch L toe out to L side. 右足前踢, 右足踏, 左足趾左點
- 3&4 Hitch L knee up. Step down on ball of L. Touch R toe out to R side. 左膝抬, 左足踏, 右足趾右點
- 5&6 Cross step R behind L. Turn ¼ R stepping L to L side. Step R down in place. 右足於左足後交叉踏, 右 轉90度左足左踏, 右足踏
- 7&8& Dig L heel forward. Step L next to R. Dig R heel forward. Step R next to L. <u>(3 o'clock)</u>. 左足踵前點, 左足併踏, 右足踵前點, 右足併踏(面向3點鐘)

第七面牆跳至第一段第7拍後,第8拍改跳右足併點,面向12點鐘,從頭起跳

- 第二段 Walk x2 With ¼ Turn Right, Pivot ¼ R With Side Touch x 2, Cross & Heel & Touch & Heel. 踏 1/4, 1/4划槳兩次, 交叉 右 踵 收 併點 右下沉 踵 收
- 1-2 Step forward on L. Make a ¼ turn R stepping forward on R. <u>(6 o'clock)</u> 左足前踏, 右轉90度右足前踏(面向6點鐘)
- 3-4 Pivot ¼ R on ball of R touching L to L side. Repeat. <u>(12 o'clock)</u>.
 以右足右轉90度左足左點, 重覆一次(面向12點鐘)
- 5&6 Cross step L over R. Step R to R side. Dig L heel forward to L diagonal. 左足於右足前交叉踏, 右足右踏, 左足踵左斜前點
- &7& Step L down in place. Touch R toe next to L instep. Step R out to R side. 左足踏, 右足趾併點, 右足右下 沉
- 8& Dig L heel forward to L diagonal. Step L down in place.
 左足踵左斜前點, 左足踏
- 第三段 Cross Rock Right Over Left, Scissor Step, Turn ¼ Right, Turn ½ Right, Step Pivot ¼ Right 交叉下沉 回 復, 剪刀步, 1/4 1/2, 踏 1/4
- 1-2
 Cross Rock on R over L. Recover on L.

 右足於左足前交叉下沉, 左足回復
- 3&4 Step R to R side. Step L in next to R. Cross step R over L. 右足右踏, 左足併踏, 右足於左足前交叉踏
- 5-6 Turn ¼ R stepping back on L. Turn ½ R stepping forward on R. 右轉90度左足後踏, 右轉180度右足前踏
- 7-8
 Step forward on L. Pivot ¼ turn R. (<u>12 o'clock)</u>.

 左足前踏, 右軸轉90度(面向12點鐘)
- 第四段 Weave Right, Side Rock Right, Sailor Step. 右藤步, 右下沉 回復, 水手步
- 1-2 Cross step L over R. Step R to R side. 左足於右足前交叉踏, 右足右踏
- 3&4 Cross step L behind R. Step R to R side. Cross step L over R. 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏
- 5-6 Rock out on R to R side. Recover on to L. 右足右下沉, 左足回復





Mur: 4

- 7&8 Cross step R behind L. Step L to L side. Step R to R side. 右足於左足後交叉踏, 左足左踏, 右足右踏
- 第五段 Cross Touch, Side Touch, Switches Right & Left, Rock Back, Triple ½ Turn Right. 交叉點, 點 收 點 收 點, 後下沉 回復, 三步轉
- 1-2 Cross touch L toe forward to R diagonal. Touch L toe out to L side. 左足趾右斜角交叉點, 左足趾左點
- &3&4 Step L in next to R. Touch R toe out to R side. Step R in next to L. Touch L toe out to L side. 左足併踏, 右足趾右點, 右足併踏, 左足趾左點
- 5-6 Rock back on L. Recover on to R. 左足後下沉, 右足回復
- 7&8 Triple step on L, R, L on the spot making ½ turn R. 原地三步右轉180度-左, 右, 左

1st restart is on <u>wall 5</u>. Dance the first 5 sections up to count 40. Then restart from the beginning of the dance facing 6 o'clock wall.

第五面牆跳至第五段結束時,面向6點鐘,從頭起跳

- 第六段 Rock Back, Triple ½ Turn Left, Walk Back x2, Coaster Cross. 後下沉 回復, 三步轉, 後走 後走, 海岸交叉
- 1-2 Rock back on R. Recover on to L. 右足後下沉, 左足回復
- 3&4 Triple step on R, L, R on the spot making ½ turn L. 原地三步左轉180度-右, 左, 右
- 5-6 Walk back on L, R. 左足後走, 右足後走
- 7&8
 Step back on L. Step R next to L. Cross step L over R. 左足後踏, 右足併踏, 左足於右足前交叉踏
- 第七段 Diagonal Step Right, Touch, Diagonal Shuffle Left, Step Pivot ½ Turn Left, Full Turn Left. 斜角踏, 併點, 斜角前交換, 踏 轉, 轉 轉
- 1-2 Step R forward to R diagonal. Touch L toe next to R instep. 右足右斜角前踏, 左足趾併點
- 3&4 Step L forward to L diagonal. Step R next to L. Step L forward to L diagonal. 左足左斜角前踏, 右足併踏, 左足左斜角前踏
- 5-6 Step forward on R. Pivot ½ turn L. <u>(6 o'clock)</u> 右足前踏, 左軸轉180度(面向6點鐘)
- 7-8 Turn ½ L stepping back on R. Turn ½ L stepping forward on L. <u>(6 o'clock)</u> 左轉180度右足後踏, 左轉180度左足前踏(面向6點鐘)
- 第八段 Diagonal Step Right, Touch, Diagonal Shuffle Left, Rock Step, Turn ½ R, Turn ¼ Right. 斜角踏, 併點, 斜角前交換, 下沉 回復, 轉 1/2
- 1-2 Step R forward to R diagonal. Touch L toe next to R instep. 右足右斜角前踏, 左足趾併點
- 3&4 Step L forward to L diagonal. Step R next to L. Step L forward to L diagonal. 左足左斜角前踏, 右足併踏, 左足左斜角前踏
- 5-6 Rock forward on R. Recover back on to /L. 右足前下沉, 左足回復
- 7-8 Turn ½ R stepping forward on R. Turn ¼ R Stepping L to L side. 右轉180度右足前踏, 右轉90度左足左踏