## Hold: Sweetheart Hold

Count-in: 32 count intro (approx. 22 seconds into the track)
Restarts: Walls 2 \& 7, after 16 counts each time

## First Section:

Calling Suggestion: Right forward rock, quarter turn right, triple, left cross rock, triple
1,2 Both Partners: Rock right foot forward, Recover weight onto left,

3\&4 Both Partners: Turning a quarter turn over your right shoulder, step right foot to the right side, close left together, step right.
56 Both Partners: Cross left foot over right, recover weight onto right
7\&8 Both Partners: Step onto left, step right next to left, step left.

## Second Section:

Calling Suggestion: Slow weave, behind side cross, side rock, quarter turn left, coaster step.
1,2 Both Partners: Step right foot in front of left, step left foot to the side,
3\&4 Both Partners: Step right foot behind left, step left foot to the side, cross right foot over left
56 Both Partners: Rock left foot to the left side, make a quarter turn over left shoulder,
7\&8 Both Partners: Step left back, step right together, step left forward.
**Restart here on walls 2 and 7**
Third Section:
Calling Suggestion: Shuffle forward right, shuffle forward left,
1\&2 Both Partners: Step right foot forward, close left foot behind, step right foot forward
$3 \& 4 \quad$ Both Partners: Step left foot forward, close right behind, step left.
(The following partner's pattern differs from the lead partner here)
Calling Suggestion Lead partner: Walk right, Walk left,
56 Lead Partner: Walk right forward, walk left forward,
Calling Suggestion Following partner: Half turn, Half turn,
56 Following Partner: Half turn stepping back on right foot, half turn stepping forward on left foot,
Calling Suggestion (Both partners): shuffle right
$7 \& 8 \quad$ Both Partners: Step right foot forward, close left foot beside right, step right foot forward

Fourth Section:
Calling Suggestion: Switches, Heel Hook Heel Ball change, pivot half turn, pivot half turn
1\&2\& Both Partners: Touch left heel forward to the diagonal, close left foot beside right, touch right foot forward to the diagonal, close right beside left
3\&4\& Both Partners: Touch left heel forward, flick left heel up in front of right knee, touch left heel forward, close left beside right
56 Both Partners: Step right forward, pivot a half turn,
78 Both Partners: Step right forward, pivot half turn, ending with weight on the left.

## Start again!

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