Canam Tango (傻子探戈) (zh)

Compte: 64 **Mur:** 2 **Niveau:** Intermediate
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Musique: Fools - Diane Birch : (CD: Bible Belt)

前奏： Introduction: 32 Counts 32拍後起跳

第一段 **Step, Hold, Sweep, Hold – Sweep Behind, Side, Cross, Hold**
踏 候 繞 候, 後 旁 前 候

1–4 R step forward; Hold; Sweep L from back to front; Hold
右足前踏, 候, 左足由後繞至前, 候

5–8 Sweep left from front to back stepping L behind right; Step R side right; Step L in front of right; Hold
左足由前繞至右足後踏, 右足右踏, 左足於右足前踏, 候

第二段 **Ochos In Place – "Stalking" Rock Steps In Place (Do Not Travel)**
昂頭原地交叉步, 下沉 回復

1–2 R step over L (body facing left diagonal); Hold
右足於左足前交叉踏(身體面向左斜角), 候

3–4 L step over R (body facing right diagonal); Hold
左足於右足前交叉踏(身體面向右斜角), 候

5–6 Rock/Step onto R over left (body facing left diagonal); Rock/Return back onto L in place 右足於左足前交叉下沉(身體面向左斜角), 左足回復

7–8 Return weight onto R in place; Hold 重心回右足, 候

第三段 **Corte, Hold, ¼ Turn, Hold – Forward, ½ Left, Step Back, Flick**
蹲, 候, 1/4 候, 踏 轉 後踏 勾

1–2 L step side left with bent left knee (pointing R toe/leg side right); Hold 左足左踏彎左膝(右足趾右點), 候

3–4 Turn ¼ right stepping onto R in place; Hold 3 o'clock
右轉90度右足踏, 候(面向3點鐘)

5–8 L step forward; Turn ½ left stepping back on R; L step back; Flick R foot over left lower shin [9 o'clock]
左足前踏, 左轉180度右足後踏, 左足後踏, 右足於左小腿前勾(面向9點鐘)

第四段 **Step, Flick, Step, Flick – Forward, ¼ Right, ¼ Right, Tango Drag**
踏 抬 踏 勾, 踏 1/4 1/4 探戈拖併

1–4 R rock/step forward; Flick L foot towards back of right ankle; Return weight to L; Flick R foot across left shin
右足前下沉, 左足於右足踝後抬, 重心回左足, 右足於左小腿前勾

5–8 R step forward; Turn ¼ right, step L side left; Turn ¼ right, step R side right; Draw L towards right [3 o'clock]
右足前踏, 右轉90度左足左踏, 右轉90度右足右踏, 左足拖併(面向3點鐘)

第五段 **Jazz Box – Cross, Full Turn Left 爵士方塊, 交叉, 左轉圈**

1–4 L step forward (to left diagonal); R step over in front of left; Step back on L; R step side right
左足前踏(面向左斜角), 右足於左足前交叉踏, 左足後踏, 右足右踏

5–8 L step in front of right; Turn ¼ left, step back on R; Turn ½ left, step forward on L; Turn ¼ left, step R side right
左足於右足前交叉踏, 左轉90度右足後踏, 左轉180度左足前踏, 左轉90度右足右踏

第六段 **(&) Point Hold, (&) Point Hold – (&) Rock Back, Replace ¼ Left, Tango Close 交叉 點 候, 併 點 候, 併 後下沉 1/4回復, 探戈併踏**

&1,2 (&) L step in front of R; (1) Point R toe side right; (2) Hold
左足於右足前交叉踏, 右足趾右點, 候

&3,4 (&) R step next to L; (3) Point L toe side left; (4) Hold
右足併踏, 左足趾左點, 候

&5-8 (&) L step next to R; R rock/step back; Replace into ¼ turn left onto L; R step side right; L close next to R
左足併踏, 右足後下沉, 左轉90度左足踏, 右足右踏, 左足併踏

第七段 Step Side Right, Hold, Rock Behind, Replace – Repeat Left
右踏, 候, 後下沉 回復---左足重覆做

1–4 R step side right; Hold; Rock/step L behind right; Replace weight onto R in place 右足右踏, 候, 左足於右足後下沉, 右足回復

5–8 L step side left; Hold; Rock/step R behind left; Replace weight onto L in place 左足左踏, 候, 右足於左足後下沉, 左足回復

第八段 Step, 2 Ct. Full 'Spiral' Left Turn, Step – Rock, Replace, ½ Turn Step 踏, 轉 轉, 踏, 下沉 回復 轉 踏

1–4 (1) R step forward; On ball of R foot execute a slow full turn left for counts 2,3; (4) L step forward
右足前踏, 重心在右足以2拍左轉圈, 左足前踏

Easy 簡易版 no turn option: R step forward; Hold; L step forward: Hold
(不轉圈)右足前踏, 候, 左足前踏, 候

5–8 R rock/step forward; L recover/step back; Turn 1/2 right stepping R forward; Step L forward [6 o'clock]
右足前下沉, 左足回復, 右轉180度右足前踏, 左足前踏(面向6點鐘)

16 ct. TAG: At the END of the 2nd rotation you will be facing the 12 o'clock wall. 第二面牆結束面向12點鐘時, 加16拍

Forward, Hold, Forward, Hold – Step ,Turn, Step, Hold
踏 候 踏 候, 踏 轉 踏 候

1–4 R step forward; Hold; L step forward; Hold
右足前踏, 候, 左足前踏, 候

5–8 R step forward; Turn ½ left, taking wt. onto L; R step forward; Hold [12 o'clock] 右足前踏, 左轉180度重心在左足, 右足前踏, 候(12點鐘)

Forward, Hold, Forward, Hold – Step, Turn, Step, Hold
踏 候 踏 候, 踏 轉 踏 候

1–4 L step forward; Hold; R step forward; Hold
左足前踏, 候, 右足前踏, 候

5–8 L step forward; Turn ½ right , taking wt. onto R; L step forward; Hold [6 o'clock] 左足前踏, 右轉180度重心在右足, 左足前踏, 候(6點鐘)