## Stitches

Compte: 32
Mur: 4
Niveau: Improver
Chorégraphe: Amy Glass (USA) - September 2015
Musique: Stitches - Shawn Mendes : (iTunes)

Dance begins on the heavy beat; approximately 30 seconds into the track
[1-8] $\square$ Step Back, Kick x2, Rock Back, Recover, Toe, Heel
1-2 Step back on R, kick L foot slightly forward *styling snap fingers during the kick
3-4 Step back on $L$, kick $R$ foot slightly forward *styling snap fingers during the kick
5-6 Rock back on R, Recover weight on L
7-8 Tap $R$ toe beside $L$ while bringing $R$ knee in, tap $R$ heel to $R$ diagonal while straightening the $R$ leg
[9-16] Cross, Point, Cross-Point, Step, Hold, Ball Step, Cross-Rock, Recover
1-2 Cross R over L, Point $L$ to $L$ side
3-4 Point $L$ to $R$ diagonal, Step $L$ to $L$ side
5 Hold
\&6 Step on ball of $R$ foot, Step $L$ to $L$ side
7-8 Rock $R$ over $L$, Recover weight on $L$
[17-24] $1 / 4$ R, Scuff, Step Pivot $1 / 2$ R, Step, Sweep, Step, Sweep
1-2 Turn $1 / 4 R$ while stepping forward $R$, Scuff $L$ foot (3:00)
3-4 Step forward L, Pivot $1 / 2$ R (9:00)
5-6 Step forward L, Sweep R from back to front
7-8 Step forward R, Sweep L from back to front
[25-32] $\square$ Cross, Back Side, Cross, Back, Side, Swivel
1-2-3 $\quad$ Cross $L$ over R, Step back $R$, Step $L$ to $L$ side
4-5-6 Cross R over L, Step back L, Step R to R side (about shoulder width apart)
7-8 (Weight on ball of $L$ foot, Heel of $R$ foot) Swivel heels to $L /$ Toes to R, Return feet to center
Restart: Wall 9 after 16 counts, facing front wall (instrumental section)
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