Baby Kate (凱特寶貝) (zh)

Compte: 32 **Mur:** 2 **Niveau:** Beginner
Chorégraphe: Niels Poulsen (DK) - 2009年10月
Musique: Sister Kate - The Ditty Bops

前奏： Intro: 8 counts from first heavy beat, app. 10 secs into track. Start with weight on L foot

第一段 **R Toe Strut, L Toe Strut, R Kick Ball Change, R Rock Fw, R Coaster Step 右趾踵, 左趾踵, 右踢交叉交換, 右前下沉, 右海岸步**

1&2& Step fw on ball of R foot (1), step down on whole foot (&), step fw on ball of L foot (2), step down on whole foot (2) [12:00]
右足趾前踏, 右足踏, 左足趾前踏, 左足踏(面向12點鐘)

3&4 Kick R fw (3), step R next to L (&), change weight to L foot (4) [12:00] 右足前下沉, 右足併踏, 重心至左足(面向12點鐘)

5–6 Rock R fw (5), recover weight to L foot (6) [12:00]
右足前下沉, 左足回復(面向12點鐘)

7&8 Step back on R foot (7), bring L next to R (&), step fw on R (8) [12:00]
右足後踏, 左足併踏, 右足前踏(面向12點鐘)

第二段 **L Toe Strut, R Toe Strut, L Kick Ball Change, L Rock Fw, L Coaster Step 左趾踵, 右趾踵, 左踢交叉交換, 左前下沉, 左海岸步**

1&2& Step fw on ball of L foot (1), step down on whole foot (&), step fw on ball of R foot (2), step down on whole foot (2) [12:00]
左足趾前踏, 左足踏, 右足趾前踏, 右足踏(面向12點鐘)

3&4 Kick L fw (3), step L next to R (&), change weight to R foot (4) [12:00]
左足前踢, 左足併踏, 重心至右足(面向12點鐘)

5–6 Rock L fw (5), recover weight to R foot (6) [12:00]
左足前下沉, 右足回復(面向12點鐘)

7&8 Step back on L foot (7), bring R next to L (&), step fw on L (8) [12:00]
左足後踏, 右足併踏, 左足前踏(面向12點鐘)

第三段 **R Rock Fw, R Shuffle Back, L Rock Back, L Shuffle Fw**
右前下沉, 右後交換, 左後下沉, 左前交換

1–2 Rock fw on R (1), recover weight to L foot (2) [12:00]
右足前下沉, 左足回復(面向12點鐘)

3&4 Step back on R (3), bring L next to R (&), step back on R (4) [12:00]
右足後踏, 左足併踏, 右足後踏(面向12點鐘)

5–6 Rock back on L foot (5), recover weight to R foot (6) [12:00]
左足後下沉, 右足回復(面向12點鐘)

7&8 Step fw on L (7), bring R next to L (&), step fw on L (8) [12:00]
左足前踏, 右足併踏, 左足前踏(面向12點鐘)

第四段 **Step ¼ L X2, R Charleston Step**
踏轉1/4二次, 右查爾斯頓步

1–2 Step fw on R foot (1), make ¼ L (weight on L) (2) [9:00]
右足前踏, 左轉90度(重心在左足)(面向9點鐘)

3–4 Step fw on R foot (3), make ¼ L (weight on L) (4) [6:00]
右足前踏, 左轉90度(重心在左足)(面向6點鐘)

5–6 Point R foot fw (5), step back on R (6) [6:00]
右足前點, 右足後踏(面向6點鐘)

7–8 Point L foot back (7), step fw on L (8) [6:00]
左足後點, 左足前踏(面向6點鐘)

TAG: AFTER wall 1 (facing 6:00), wall 3 (facing 3:00) and wall 6 (facing 12:00). Add a R charleston step:
第一面牆(面向6點鐘), 第三面牆(面向3點鐘), 第六面牆(面向12點鐘)
加4拍：右腳起步的查爾斯頓步

1–4	Point R fw (1), step back on R (2), point L back (3), step fw on L (4) 右足前點, 右足後踏, 左足後點, 左足前踏