Exotica (暖化末日) (zh)

Compte: 64 **Mur:** 2 **Niveau:** Advanced
Chorégraphe: Peter Metelnick (UK) & Alison Metelnick (UK) - 2010年11月
Musique: The Flood - Katie Melua : (4:05)

前奏： Start after 16 count intro. CCW rotation.

Part A: Dance 5 walls ending facing 12. Then dance Part B.
A部份, 跳五次後面向12點鐘, 接續跳B部份

第一段 **L Fwd & Side Syncopated Rock Steps, L Behind-Side-Cross, Syncopated ½ R Monterey, L Ball Step Fwd, L Fwd**
下沉 回復 左下沉 回復, 後 旁 前,蒙特瑞轉, 走 走

1&2& Rock L forward, recover weight on R, rock L side, recover weight on R 左足前下沉, 右足回復, 左足左下沉, 右足回復

3&4 Cross step L behind R, step R side, cross step L over R
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏

5&6& Touch R toes side, turning ½ right step R together, touch L toes side, step L together (6 o'clock)
右足趾右點, 右轉180度右足併踏, 左足趾左點, 左足併踏(面向6點鐘)

7-8 S tep R forward, step L forward 右足前踏, 左足前踏

第二段 **R Syncopated Rocking Chair, R Side Rock-Recover-Cross, L Ball Cross, L Side Rock Recover Turning ¼ R, L Fwd, L Fwd Full Turn**
變奏搖椅步, 曼波交叉, 左 交叉, 左下沉 1/4 踏, 轉-轉

1&2& Rock R forward, recover weight on L, rock R back, recover weight on L 右足前下沉, 左足回復, 右足後下沉, 左足回復

3&4 Rock R side, recover weight on L, cross step R over L
右足右下沉, 左足回復, 右足於左足前交叉踏

&5 Step L side, cross step R over L 左足左踏, 右足於左足前交叉踏

6&7 Rock L side, recover weight on R turning ¼ right, step L forward (9 o'clock) 左足左下沉, 右足回復右轉90度, 左足前踏(面向9點鐘)

8& Turning ½ left step R back, turning ½ left step L forward (9 o'clock)
左轉180度右足後踏, 左轉180度左足前踏(面向9點鐘)

第三段 **Syncopated R & L Fwd Rock & Recovers, ½ L & L Fwd, ½ L & R Back L Sweep Into L Coaster Step, R Fwd 變奏前曼波, 變奏曼波轉, 轉, 海岸步, 踏**

1-2& Rock R forward, recover weight on L, step R together
右足前下沉, 左足回復, 右足併踏

3-4& Rock L forward, recover weight on R, turning ½ left step L forward (3 o'clock) 左足前下沉, 右足回復, 左轉180度左足前踏(面向3點鐘)

5 Turning ½ left step R back (sweeping L foot from front to back) (9 o'clock) 左轉180度右足後踏(左足由前繞至後)(面向9點鐘)

6&7 Step L back, step R together, step L forward
左足後踏, 右足併踏, 左足前踏

8 Step R forward 右足前踏

R 1: DURING wall 1: dance 1st 24 counts and restart (facing L side wall)
第一面牆跳至此, 從頭起跳(面向9點鐘)

第四段 **L Cross Step, Step R Back, Step L Together, Cross R Back, Rock L Diagonally Back, Recover Weight On R, Step L Fwd, ½ Pivot Turn, Step R Fwd, ½ Pivot L, Step R Fwd**
交叉 後 併, 交叉 後 回復, 踏 轉 踏, 踏 轉 踏

1&2 Cross step L over R, step R back, step L together
左足於右足前交叉踏, 右足後踏, 左足併踏

3&4 Cross step R over L, rock L back on left diagonal, step R forward
右足於左足前交叉踏, 面向左斜角左足後下沉, 右足前踏

R 2: DURING wall 2: dance 1st 28 counts and restart (facing back wall)
R 3: DURING wall 4: dance 1st 28 counts and restart (facing front wall)
第二面牆及第四面牆跳至此, 從頭起跳(面向前面牆)

5&6 Step L forward, pivot ½ right, step L forward
左足前踏, 右軸轉180度, 左足前踏

7&8 Step R forward, pivot ½ left, step R forward
右足前踏, 左軸轉180度, 右足前踏

TAG: DURING wall 5: dance 1st 30 counts and add the following 2 count tag
第五面牆, 最後2拍改跳下面舞步, 接續B部份

7&8 step R forward, pivot ¼ left, cross step R over L (end facing 12 o'clock)
右足前踏, 左軸轉90度, 右足於左足前交叉踏(面向12點鐘)

Part B: Dance 5 walls you will be facing your 9 o'clock wall, then dance Part A to the end. B部份：跳五次後會面向9點鐘, 從A部份跳到結束

第一段 L Chasse Rock Back & Recover, ½ L Hinge Turn, R Cross Rock & Recover, R Side 左追步, 後下沉 回復, 1/4 1/4, 交叉下沉 回復-右

1&2 Step L side, step R together, step L side
左足左踏, 右足併踏, 左足左踏

3-4 Rock R back, recover weight on L 右足後下沉, 左足回復

5-8& Turning ¼ left step R back, turning ¼ left step L side, cross rock R over L, recover weight on L, step R side (6 o'clock)
左轉90度右足後踏, 左轉90度左足左踏, 右足於左足前交叉下沉, 左足回復, 右足右踏(面向6點鐘)

第二段 L Cross Rock & Recover, L Side, Weave L 2, 1/8th R Sailor, R Full Turn Fwd 交叉下沉, 回復 左 交叉, 左, 水手轉1/8, 轉 轉

1-2& Cross rock L over R, recover weight on R, step L side
左足於右足前交叉下沉, 右足回復, 左足左踏

3-4 Cross step R over L, step L side
右足於左足前交叉踏, 左足左踏

5&6 Cross step R behind L, step L side, turning 1/8th right toward diagonal, step R forward (7 o'clock)
右足於左足後交叉踏, 左足左踏, 右轉45度面向斜角右足前踏(面向7點鐘)

7-8 Turning ½ right step L back, turning ½ right step R forward (7 o'clock) 右轉180度左足後踏, 右轉180度右足前踏(面向7點鐘)

Non-turning option 7-8: walk forward L & R toward diagonal
7-8簡易版：面向斜角左足前走, 右足前走

第三段 L Fwd Shuffle, R Fwd & Back Brush Steps, R Toe Back, ½ R & Weight On R, L Fwd Shuffle 前交換, 前刷 後刷, 後點 右轉, 前交換

1&2 Step L forward, step R together, step L forward
左足前踏, 右足併踏, 左足前踏

3-6 Brush R forward, brush R back, touch R toes back, turning ½ right step down on right (1 o'clock)
右足前刷, 右足後刷, 右足趾後點, 右轉180度右足踏(面向1點鐘)

7&8 Step L forward, step R together, step L forward
左足前踏, 右足併踏, 左足前踏

第四段 R Syncopated Jazz Box Turning 1/8th R, L Fwd, ½ R Pivot, L Fwd, R Touch Together, R Back, L Heel Ball Cross 變奏爵士方塊右轉1/8帶踏 轉, 前踏 併點, 後 踵 後 交叉

1-2 Cross R over L, step L back turning 1/8th right to square to wall (3 o'clock) 右足於左足前交叉踏, 左足後踏(右轉45度面向3點鐘)

&3-4 Step R side, step L forward, pivot ½ right (9 o'clock)
右足右踏, 左足前踏, 右轉180度(面向9點鐘)

5-6 Step L forward, touch R together 左足前踏, 右足併點

&7&8 Step R back, touch L heel forward, step L back, cross step R over L (you can replace the heel with a flick)
右足後踏, 左足踵前點(或抬), 左足後踏, 右足於左足前交叉踏

During the 5th wall of Part B in the final section the music will slow so slow your syncopation down accordingly.
B部份總共跳五次, 最後音樂會慢下來, 配合音樂節拍調整舞步跟著慢下來

The END: On the final wall of Part A you will start facing 6. Dance the first 13 counts of Part A getting as far as the L ball cross which brings you to the front wall. Now dance the following to finish the dance:
結束：結束在A部份, 開始時面向6點鐘, 跳到第13拍(第二段第5拍)時會面向前面牆, 改跳下面舞步做結束

6&7 Rock L side, recover weight on R, step L forward and hold to end.
左足左下沉, 右足回復, 左足前踏, 候結束