Good Morning

Niveau: Beginner

Compte: 48 Chorégraphe: Irene Yeo (CN) - September 2015 Musique: Good Morning - Mandisa

Dance starts after 32 counts

Section 1: Basic Cha Cha

- Rock RF forward, Recover on LF 12
- 3&4 Back Cha Cha RF, LF, RF
- 56 Rock LF back, Recover on RF
- 7 & 8 Forward Cha Cha LF, RF LF

Section 2: Kick, Kick, Triple Step

- 12 Kick RF diagonally forward to L then R
- 3&4 Triple Steps on the spot RF, LF, RF
- 56 Kick LF diagonally forward to R then L
- 7 & 8 Triple Steps on the spot LF, RF LF

Section 3: Cross Rock, Recover, R Chasse, Cross Rock, Recover, L Chasse

- 12 Rock RF over LF, Recover on LF
- 3&4 Side Chasse RF, LF, RF
- 56 Rock LF over RF, Recover on RF
- 7 & 8 Side Chasse LF, RF, LF

Section 4: IR Step Forward, L Touch, L Step Forward, R Touch, R Step Back, L Touch, L Step Back, R

Touch

- 12 Step RF forward, Touch LF to L
- 34 Step LF forward, Touch RF to R
- 56 Step RF back, Touch LF to L
- 78 Step LF back, Touch RF to R

Section 5: Step Touch

- Step RF to R, Touch LF beside RF, Step LF to L, Touch RF beside LF 1234
- 56 Turn 1/4 L & Step RF to R Side (9:00), Touch LF beside RF
- 78 Step LF to L, Touch RF beside LF

Section 6: Out Out In In, Step R L R L In Place

- 1234 Step RF diagonally forward, Step LF to Side, Step RF back, Step LF together
- 5678 Step RF, LF, RF, LF in place

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