# Your Breath



Compte: 32 Mur: 2 Niveau: Intermediate

Chorégraphe: Christiane FAVILLIER (FR) - October 2015

Musique: Don't Hold Your Breath - Nicole Scherzinger : (Single)



Music Intro: 16 counts

(SPANISH EVENTS 2015 - Lloret del Mar)

# [1-8] - WALK (TWICE) - 1/4 TURN WITH KICK BALL POINT - CLOSED & CROSS WITH UNDWIND HOOK -

TRIPLE STEF	•			
1 2	Walk R & L			

3 & 4 Kick leg forward, pivot from one quarter to turn right (3:00), point left to left

Bring left next to right, cross right over left and unwind over a full turn left, eventually a & 56

crossover of L leg over right

7 & 8 Step forward left, step right behind left, move left

#### [9-16] - HALF RUMBA BOX, COASTER CROSS, UNDWIND R & HOOK R -R TRIPLE STEP

1 & 2 Right step side on right side, closed L feet with right feet, back step with R

3 & 4 Back L, R step closed with L, LF cross over LR

56 Point from front to rear left toe and place over a full turn right, end with a crossed leg over R

left

\*2 Restarts: 1 after 14 times of the 3rd wall (you are at 6:00) before replacing the full turn by turn 1/4 and R point & L point forward (instead of triple step diagonally, which will 7 & 8 &) and 2 ° under the same conditions after 14 counts of 5th wall - the same variation - thank you -

Step right forward, step left behind right, advancing RF

### [17-24] - ROCK STEP L (DIAGONALY) - RUNNING BACK - CLOSED & PIVOT TURN - KICK & POINT **FORWARD**

12	Step left front (with weight) and recover to right (front right diagonal)

3 & 4 Step back left, right, left and back to front on the 6:00

& 56 step right next to left, forward and left to rotate 1/2 turn right (12:00)

7 & 8 Kick leg left forward, step left next to right, point right before \*\* (small bottom hook PD before

crossing right over left)

## [25-32] - CROSS & SIDE STEP - CROSS SHUFFLE ON A BALL - THE ROCK STEP - ½ TURN SAILOR STEP - The STEP FORWARD

12 Cross right over left, step left to left

3 & 4 Cross right over left, step left to left, cross right over left (this movement is done on the ball of

right)

56 Step left front (with weight) (diagonally before G) and recover on right

7 & 8 Cross left behind right, rotate the half turn left (6:00), step right to side, forward LF

#### #2 TAGS of 4 counts: 4 sways (end of the first wall at 6:00) and (late 9th wall at 6:00)

1234 Sway R, L, R, L (weight on left)

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