I'm Done

Compte: 32

Niveau: Beginner / Improver

Chorégraphe: Jan Brookfield (UK) - December 2015

Musique: Done - Frazey Ford

Section 1 : TOE STRUTS FORWARD x 2, OUT-OUT, TRIPLE ON SPOT

- 1,2,3,4 Strut R forward toes then heel, strut L forward toes then heel
- 5,6,7&8 Step R out to right side, step L out to left side, triple step on the spot R,L,R

Section 2 : CROSS ROCK, CHASSE LEFT, CROSS ROCK, CHASSE RIGHT ¼ TURN

- 9,10,11&12 Rock L across in front of R, recover onto R, chasse to left on L,R,L
- 13,14,15&16 Rock R across L, recover onto L, chasse right on R,L,R making quarter turn right (now facing 3 o'clock)

Section 3 : STEP FORWARD, BOUNCE, ROCK FORWARD, RECOVER, COASTER STEP, HALF PIVOT TURN

- 17,18 Step L forward, bounce heel for one count (weight still on L)
- 19,20 Rock R forward, recover onto L
- 21&22 Step R back, step L next to R, step R forward
- Step L forward, pivot half turn over right shoulder, transfer weight onto R (now facing 9 23,24 o'clock)

Section 3 : STEP FORWARD, BOUNCE, ROCKING CHAIR, HALF TURN PIVOT

- 25,26 Step L forward, bounce heel for one count (weight still on L)
- 27,28,29,30 Rock R forward, recover onto L, rock R back recover onto L
- 31,32 Step R forward, pivot half turn over left shoulder, transfer weight onto L

(Now facing 3 o'clock to start again)





Mur: 4