

Move Slower (P)

Compte: 32

Mur: 0

Niveau: High Beginner



Chorégraphe: Estelle Ward (UK) - January 2016

Musique: Nobody's Home - Clint Black

Adapted from line dance 'Move Slowly' by Michelle Risley

Sweetheart position at start and same footwork throughout

Rock side recover shuffle forward right then left.

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|-----|-----------------------------------|
| 1 2 | Rock side right recover onto left |
| 3&4 | Shuffle forward right |
| 5 6 | Rock side left recover onto right |
| 7&8 | Shuffle forward left |

Step quarter pivot left cross shuffle, weave

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| 1 2 | Step forward right quarter pivot left into centre |
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(Bring right arms over ladies head into reverse Indian)

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| 3&4 | Cross shuffle with right. (into reverse lien of dance) |
| 5 6 7 8 | Step left to left side cross right behind left, step left to left side and cross right over left. |

Rock side left recover cross shuffle, weave.

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|---------|---|
| 1 2 | Rock left to left side recover onto right |
| 3&4 | Cross shuffle with left |
| 5 6 7 8 | Step right to right side cross left behind right, step right to right side and cross left over right. |

Rock side right, quarter turn to right, recover left, shuffle back, rock back recover shuffle forward

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| 1 2 | Rock side right recover onto left as you quarter turn right into line of dance. |
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(Hands back into sweetheart)

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| 3&4 | Shuffle back on right |
| 5 6 | Rock back left recover forward onto right |
| 7&8 | Shuffle forward left |

Start again and enjoy

Thank you to Michelle for allowing me to adapt her line dance such a great dance and song.

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