Somethin' Crazy (為你痴狂) (zh)

Compte: 64 **Mur:** 4 **Niveau:** Intermediate
Chorégraphe: Neville Fitzgerald (UK) & Julie Harris (UK) - 2009年01月
Musique: Let's Do Something Crazy (feat. Flo Rida) - Ashanti : (CD: The Vault)

前奏： Starts on Vocal (32 Counts)

第一段 **Out, Pop, Pop, Pop, Coaster Step, 1/2 Pivot, 3/4 Spiral, Side**
外, pop, pop, pop, 海岸步, 轉1/2, 轉3/4, 側

1-2 Step forward & out on Left, step forward & out on Right toe then snap heel down quickly. 左足向外前踏, 右足趾向外前點踏

&3 Lift Left heel slightly & snap it down (&), lift Right heel slightly & snap it down (3). (pop alt knees) 左足踵略抬踏, 右踵略抬踏

4&5 Step back on Left, step Right next to Left, step forward on Left.
左足後踏, 右足併踏, 左足前踏

6 Pivot 1/2 turn to Right. (Weight ends on Right)
右轉180度重心結束在右足

7-8 On ball of Right pivot 3/4 turn to Right, step Left to Left side.
以右足右轉270度, 左足左踏

第二段 **Behind, Sweep Behind & Cross, Sweep Cross & Behind, Cross Lock, 1/2 Turn, Step 1/2 Step 後, 後繞交叉, 繞交叉後, 交叉鎖, 轉1/2, 踏1/2踏**

1-2&3 Step Right behind Left as Left sweeps out to side, cross step Left behind Right, step Right to Right side, cross step Left over Right as Right sweeps out to side.
右足於左足後交叉踏左足繞, 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏右足繞

4&5 Cross step Right over Left, step Left to Left side, cross step Right behind Left. 右足於左足前交叉踏, 左足左踏, 右足於左足後交叉踏

6-7 Cross Lock Left over Right, make 1/2 turn to Right stepping forward on Right. 左足於右足前交叉鎖步, 右轉180度右足前踏

8&1 Step forward on Left, pivot 1/2 turn to Right, step forward on Left.
左足前踏, 右轉180度, 左足前踏

第三段 **Touch Forward, Touch Back, Kick, Cross, Back, Back, Step, 1/4 Hitch, Cross & Cross 前點, 後點, 踢, 交叉, 後, 後, 踏, 1/4抬, 交叉&交叉**

2-3 Touch Right toe forward & slightly across Left, touch Right toe back. 右足趾略於左足前交叉點, 右足趾後點

4&5 Kick Right forward, cross step Right over left, step back on Left.
右足前踢, 右足於左足前交叉踏, 左足後踏

&6 Step slightly back on Right, step forward on Left.
右足略後踏, 左足前踏

7 Lift Right knee & on ball of Left make 1/4 turn to Left keeping knee hitched. 重心在左足左轉90度抬右膝

8&1 Cross step Right over Left, step Left to Left side, cross step Right over Left. 右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

第四段 **Squat, Pop Left, Pop Right, Left, Right, Behind & Step, 1/2**
????, 左pop, 右pop, 左, 右, 後踏, 1/2

2-3 Step Left to Left side bending both knees, pop Left shoulder up & out to Left side. 左足左踏彎雙膝, 左肩向左

4&5 Still in squat position pop Right shoulder up & out to Right, pop Left shoulder to Left, pop Right shoulder to Right as you start to rise up. 右肩上向右, 左肩向左, 右肩向右

6&7 Cross step Left behind Right, step Right to Right side, step forward Left. 左足於右足後交叉踏, 右足右踏, 左足前踏

8 Pivot 1/2 turn to Right. (Weight on Right) *R*
右轉180度(重心在右足)

***R* RERSTART**: Wall 2.. Dance up to & including Count 32 then Restart from beginning.
第二面牆32拍後從頭起跳

第五段 Step, Step Lock Step, Side, 1/2 Hinge, 1/2 Hinge, Side, Behind & Cross
踏, 踏鎖踏, 側, 1/2轉, 1/2轉, 側, 後&交叉

1-2&3 Step forward on Left, step forward on Right, lock Left behind Right, step forward on Right.
左足前踏, 右足前踏, 左足於右足後鎖步, 右足前踏

4-5-6 Step Left to Left side, make 1/2 turn to Right stepping Right to Right side (hinge), make 1/2 turn to Right stepping Left to Left side.
左足左踏, 右轉180度右足右踏, 右轉180度左足左踏

7-8&1 Step Right to Right side, cross step Left behind Right, step Right to Right side, cross step Left over Right.
右足右踏, 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏

第六段 Cross, Swivel Left, Side, Sailor Step, Behind & Cross
交叉, 左轉, 側, 水手步, 後&交叉

2-3&4 Sweep Right round & cross step over Left, with weight on Right swivel Right heel to Left, Right toe to Left, Right heel to Left. (You will be travelling to the Left & Left foot will be off floor hooked behind Right (fig 4)
右足繞至左足前交叉踏, 右足踵向左轉, 右足趾向左轉, 左足踵向左轉

5-6&7 Step Left to Left side (dip), cross step Right behind Left, step Left to Left side, step Right to Right side. (knee
左足左踏(蹲), 右足於左足後交叉踏, 左足左踏, 右足右踏

8&1 Cross step Left behind Right, step Right to Right side, cross step Left over Right. 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏

第七段 Press, Lift, Rock, Rock, Step, Back, Back, Back 1/2 Step
踏, 抬, 下沉, 下沉, 踏, 後, 後, 後1/2踏

2-3 Press ball of Right to Right forward diagonal, lean forward onto Right (knee bent) as Left leg Lifts up behind (straightish Left leg) (facing 7:30) 右足右斜角線前踏, 右膝蓋彎左足後伸直(面向7:30)

4&5 Rock back onto Left, rock forward on Right, step back on Left. (still diagonal) 左足後下沉, 右足前下沉, 左足後踏(面向7:30)

6-7 Walk back Right-Left 後走步-右, 左

8&1 Step back on Right, make 1/2 turn to Left stepping forward on Left, step forward Right. (1.30)
右足後踏, 左轉180度左足前踏, 右足前踏(面向1:30)

第八段 Rock, Recover, Sailor 3/8 Turn, Step, 1/2, 1/4
下沉回復, 3/8轉水手, 踏, 1/2, 1/4

2-3 Rock forward on Left, recover on Right. 左足前下沉, 右足回復

4&5 Cross step Left behind Right making 1/8 turn to Left, step Right next to Left, make 1/4 turn Left stepping forward Left. (9.00)
左轉45度左足於右足後交叉踏, 右足併踏, 左轉90度左足前踏(面向9點鐘)

6-8 Step forward on Right, make 1/2 turn to Right stepping back on Left, make 1/4 turn to Right stepping Right to Right side. (6.00)
右足前踏, 右轉180度左足後踏, 右轉90度右足右踏(面向6點鐘)

END: At end of Wall 7 you will be facing back wall.. make 1/2 hinge turn to Right stepping Left to Left side to face front.
第七面牆面向後面牆, 右轉180度左足左踏面向前面牆