

Rock' n' Roll is Here To Stay

Compte: 32

Mur: 4

Niveau: Absolute Beginner

Chorégraphe: Sonja Hemmes (USA) - January 2016

Musique: Rock'n'Roll Is Here to Stay - Danny & The Juniors



Start after 'Oh Baby', 4 times and on lyrics 'Rock' n' roll is here to stay'.

TOE STRUTS FORWARD

- 1-2 Touch right toe forward, drop right heel as you put weight onto right foot
- 3-4 Touch left toe forward, drop left heel as you put weight onto left foot
- 5-6 Touch right toe forward, drop right heel as you put weight onto right foot
- 7-8 Touch left toe forward, drop left heel as you put weight onto left foot

ROCK & CROSS, RIGHT & LEFT, HOLD

- 1-2 Step right foot to right side, step left foot beside right foot
- 3-4 Cross right foot over left foot, hold
- 5-6 Step left foot to left side, step right foot beside left foot
- 7-8 Cross left foot over right foot, hold

POINT, CROSS, HOLD, POINT, CROSS, HOLD

- 1-2 Touch right toe to right side, hold
- 3-4 Step right foot across front of left foot, hold
- 5-6 Touch left toe to left side, hold
- 7-8 Step left foot across front of right foot, hold

JAZZ BOX 1/4 TURN WITH HOLDS

- 1-2 Cross right foot over left foot, hold
- 3-4 Step back on left foot, hold
- 5-6 Step forward on right foot turning 1/4 right, hold
- 7-8 Step left foot next to right foot, hold

SMILE, BEGIN AGAIN, HAVE FUN!
