Sugar, Sugar (蜜糖) (zh)

Compte: 32 **Mur:** 4 **Niveau:** Improver
Chorégraphe: Doug Miranda (USA)
Musique: Sugar Sugar - The Archies

第一段 **Right Shuffle Forward; Rock Forward Left, Recover; Left Shuffle Back; Rock Right Back, Recover**
前交換, 下沉 回復, 後交換, 後下沉 回復

1&2 Step right forward, step left next to right, step right forward
右足前踏, 左足併踏, 右足前踏（右足前交換）

3-4 Rock Forward On Left, Rock Back On Right
左足前下沉, 右足回復

&5&6 Step Left Back, Step Right Next To Left, Step Left Back
左足後踏, 右足併踏, 左足後踏（左足後交換）

7-8 Rock Back On Right, Recover Forward On Left
右足後下沉, 左足回復

第二段 **Right Shuffle Forward; ½ Turn Right; Left Shuffle Forward, Full Turn Left 前交換, 踏 轉, 前交換, 轉 轉**

1&2 Step Right Forward, Step Left Next To Right, Step Right Forward
右足前踏, 左足併踏, 右足前踏（右足前交換）

3-4 Step Forward On Left, Turn ½ Turn To Right Bringing Weight Forward On Right 左足前踏, 右軸轉180度

5&6 Step Left Forward, Step Right Next To Left, Step Left Forward
左足前踏, 右足併踏, 左足前踏（左足前交換）

7-8 Turn ½ Left While Stepping Backward On Right, Turn ½ Left While Stepping Forward On Left (You Will Be Moving Forward On This Full Turn)
左轉180度右足後踏, 左轉180度左足前踏(往前移)

第三段 **Right Rock Forward Recover Left; Back Right Coaster Step; Two ½ Pivots Turning Right 下沉 回復, 海岸步, 踏 轉2次**

1-2 Rock Forward On Right, Recover Back On Left 右足前下沉, 左足回復

3&4 Step Back On Right, Step Left Next To Right, Step Forward On Right
右足後踏, 左足併踏, 右足前踏

5-6 Step Forward On Left, Pivot ½ To Right 左足前踏, 右軸轉180度

7-8 Step Forward On Left, Pivot ½ To Right (You Will Be Facing 6:00 Wall)
左足前踏, 右軸轉180度（面向6點鐘）

第四段 **Side Left Hold, Side Left Hold; ¼ Turn Left Hip Sways**
側 候, 併 側 候, 左轉1/4搖臀

1-2 Step Left To Left Side, Hold And Clap (Weight On Left)
左足左踏, 候(拍手)（重心移至左足）

&3-4 Step Right Next To Left, Step Left To Left Side, Hold And Clap (Weight Is On Left) 右足併踏, 左足左踏, 候(拍手)（重心移至左足）

5-8 Step Right ¼ Turn Left As You Bump Or Sway Hips Forward, Back, Forward, Back (Weight Ends On Left Foot)
左轉90度右足踏前推臀, 後推臀, 前推臀, 後推臀（重心移至左足）