Your Lies (你的謊言) (zh)

Niveau: Intermediate

Chorégraphe: Merju Hiir (EST) - 2010年09月

前奏: Dance starts after 36 counts intro 36拍後起跳

Compte: 32

Musique: Love the Way You Lie (feat. Rihanna) - Eminem

第一段 Funky Foot Slides R&L, Cross Rock, (¼ Turn R)Side, Cross Rock Side, Cross Rock, Slide Back (Facing 13:00) 右放克滑踏, 左放克滑踏, 1/4交叉曼波, 交叉曼波, 交叉 回復 後滑(面向1點鐘) Pushing off LF RF slide on forward diagonal to 1:00 & angling body toward 11:00, while turning feet/knees 1 out 左足推右足1:00斜前滑踏(身體面向11點鐘), 雙腳向外 & LF slide next to right while closing feet and knees, angling body toward 1:00 左足滑併踏(雙足踵合併)身體 面向1點鐘 2 Pushing off RF, LF slide on forward diagonal to 11:00 & angling body toward 1:00, while turning feet/knees out 右足推左足11:00斜前滑踏(身體面向1點鐘), 雙腳向外 & RF slide next to left while closing feet and knees, angling body toward 11:00 右足滑併踏(雙足踵合併)身體 面向11點鐘 3&4 Step RF across LF, recover weight onto LF, Turn ¼ to R stepping RF to R side 右足於左足前交叉踏, 左 足回復,右轉90度右足右踏 Step LF across RF, recover weight onto RF, Step LF to L side 5&6 左足於右足前交叉踏,右足回復,左足左踏 7&8 Step RF across LF, recover weight onto LF and pushing little bit over the heel, with hips pushing back, slide RF back (13:00) 右足於左足前交叉踏, 左足回復略抬踵後推臀, 右足後滑踏(面向1點鐘) 第二段 Coaster Step With 1/8 Turn R, Step Fwd, Knee Rolls ¼ L &1/4 R, Step Back, ¼ L Side, Weave To L 右1/8海岸步, 踏, 左轉膝 右轉膝, 後, 1/4, 藤步 1&2 step LF back, Step RF beside the LF turning 1/8 R; Step LF fwd (15:00) 左足後踏,右足併踏右轉45度,左足前踏(面向3點鐘) 3 Step RF fwd, sharing the weight on both legs 右足前踏,重心放雙足 4,5 with bended knees turn with knee roll ¼ L (12:00) and ¼ R, (15:00) 彎雙膝左轉90度.右轉90度 In the end of knee rolls straighten up your knees and push weight on LF 膝轉最後站立, 重心放左足 Step RF back LF, step LF with ¼ turn to L side, Step RF across LF, step LF to L side, step RF cross 6&7&8 behind the LF (12:00) 右足於左足後踏,左轉90度左足左踏,右足於左足前交叉踏,左足左踏,右足於左足後踏(面向12點鐘) 第三段 Side Rock, ¼ Turn L, Coaster Step, 2 Touches, Step Back Hitch With R Hand Pushing Hitched Up Knee To Turn ¼ L, Step Lf Side 左下沉 1/4回復,海岸步,前點 右點 後踏抬 右手推抬轉,左踏 1,2 Rock LF to L side with hip, turn ¼ to L when recovering weight onto RF (21:00) 左足左下沉左推臀, 左 轉90度右足回復 3&4 Step LF back, step RF beside LF, step LF fwd 左足後踏,右足併踏,左足前踏 Touch RF fwd, touch RF to R side, step RF back same time hitching LF up 右足前點, 右足右點, 右足後踏 5&6 左足抬 &7,8 (&) With your R hand draw circle from L shoulder to L knee (7) push with your R hand the hithced up knee, turning the same time 1/4 to L, (8) step LF to L side (18:00) 右手畫一個圓圈從左肩到左膝, 左膝抬左轉90度右手推, 左足左踏(面向6點鐘)



Mur: 4

第四段 Cross Rock & Back, Step Back, Step Beside Turning ¼ To R, Step Fwd, Step 3/8 Pivot Step, Step ½ Pivot Step

交叉 回 後, 後 1/4 路, 踏 轉 踏, 踏 轉 踏

- 1&2 Step RF across LF, recover weight onto LF, step RF back (16:30) 右足於左足前交叉踏, 左足回復, 右足後踏(面向4:30)
- 3&4 Step LF back, step RF beside LF turning ¼ R, step LF fwd (18:30) 左足後踏, 右轉90度右足併踏, 左足前踏(面向7:30)
- 5&6 Step RF fwd, turn 3/8 L recovering weight onto LF, step RF fwd (<u>15:00</u>) 右足前踏, 左轉135度左足回復, 右足前踏(面向3點鐘)
- 7&8 Step LF fwd, turn ½ R recovering weight onto RF, step LF fwd. (21:00) 左足前踏, 右轉180度右足回復, 左足前踏(面向9點鐘)

TAG 1 (EXTENSION): AFTER the <u>walls 3; 6</u> and <u>9</u> there is extension. It's always with chorus. 第三, 六, 九面牆結束時 加拍, 都是在女生清唱後時

Cross Back Back, Cross Back Back, Cross, Coaster Step Shuffle Fwd 交叉 後 後 交叉 後 後 交叉, 海岸步, 前交換

- Step RF across LF, step LF diagonally back to L 右足於左足前交叉踏, 左足斜角後踏
- 2& Step RF diagonally back to R, step LF across RF 右足斜角後踏, 左足於右足前交叉踏
- 3&4 Step RF diagonally backt to R, Step LF diagonally back to L, step RF across LF 右足斜角後踏, 左足斜角路, 右足於左足前交叉踏
- 5&6 Step LF back, step RF beside LF, step LF fwd, 左足後踏, 右足併踏, 左足前踏
- 7&8 Step RF fwd, step LF beside RF, step RF fwd 右足前踏, 左足併踏, 右足前踏

Step ¼ Pivot R, Weave To R, Side Rock Cross, Side Rock Step Beside 路 1/4,藤步,曼波交叉,左曼波

- Step LF fwd, turn ¼ to R recovering weight onto RF 左足前踏, 右轉90度右足回復
- 2&3&4 Step LF across RF, step RF to R side, Step LF cross behind RF, Step RF to R side, Step LF across the RF

左足於右足前交叉踏,右足右踏,左足於右足後交叉踏,右足右踏,左足於右足前交叉踏

- 5&6 Step RF to R side, recover weight onto LF, step RF across LF 右足右踏, 左足回復, 右足於左足前交叉踏
- 7&8 Step LF to L side, recover weight onto RF, step LF beside RF 左足左踏, 右足回復, 左足併踏
- TAG 2: AFTER the wall 8th 加拍:第八面牆結束後

3 Funky Foot Slides, Side Slide Step & Touch 三次放克腳滑步, 側滑步 併 點

1 Pushing off LF RF slide on forward diagonal to <u>1:00</u> & angling body toward 11:00, while turning feet/knees out

左足推右足1:00斜前滑踏(身體面向11點鐘), 雙腳向外

- & LF slide next to right while closing feet and knees, angling body toward 1:00 左足滑併踏(雙足踵合併)身體 面向1點鐘
- 2 Pushing off RF, LF slide on forward diagonal to <u>11:00</u> & angling body toward 1:00, while turning feet/knees out

右足推左足11:00斜前滑踏(身體面向1點鐘), 雙腳向外

- & RF slide next to left while closing feet and knees, angling body toward 11:00 右足滑併踏(雙足踵合併)身體 面向11點鐘
- 3 Pushing off LF RF slide on forward diagonal to <u>1:00</u> & angling body toward 11:00, while turning feet/knees out

左足推右足1:00斜前滑踏(身體面向11點鐘), 雙腳向外

- & LF slide next to right while closing feet and knees, angling body toward 1:00 左足滑併踏(雙足踵合併)身體 面向1點鐘
- 4,5 LF slide step to L side, RF touch beside LF 左足向左滑踏, 右足併點