Intranc	lanie

		STEPSHEETS
Compte:		
Chorégraphe:	: Guillaume Richard (FR) - February 2016	
Musique:	: Intranquillité - Christine and the Queens	
[1-8] : Step – Lo	ock – Step Lock Step – Step – Back Step with ½ turn – Step Lock Step with ½ turr	ı
1-2	Step R diagonally forward – Step L behind R	
3&4	Step R diagonally forward – Step L behind R – Step R diagonally forward	
5-6	Step L diagonally forward – Make ½ turn left stepping R backward	
7&8	Make ½ turn L stepping L forward – Step R behind L – Step L diagonally forward	I
[9-16] : Touch x	x2 – Paddle Turn Backward x2 – Step Back – Touch – Coaster Step	
1-2	Touch R over L – Touch R to R side	
3-4	Make $\frac{1}{4}$ turn R touching R to R side – Make $\frac{1}{4}$ turn R touching R to R side	
5-6	Step R backward – Touch L to L side	
7&8	Step L backward – Step R next to L – Step L forward	
[17-24] : Walk x	x2 – Jump x2 – Step ¼ Turn – Jump x2	
1-2	Step R forward – Step L forward	
&3&4	Step R forward – Step L next to R – Step R backward – Step L next to R	
5-6	Step R forward – Making ¼ turn L	
7-8	Jump forward x 2	
[25-32] : Cross	- Side - Sailor Step - Cross - Step Back with ¼ turn and Sweep - Step Back with	h Sweep –
Step Back with	Hitch	
1-2	Cross L over R – Step R to R side	
3&4	Cross L behind R – Step R to R – Step L to L side	
5-6	Cross R over L – Make $\frac{1}{4}$ turn R stepping L backward and sweep R to the back	
7-8	Step R backward and sweep L to the back – Step L backward and hitch R knee	
[33-40] : Step -	Sailor Step – Chest movement - Cross – Step ¼ turn Step - Hitch	
1-2&3	Step R diagonally forward – Cross L behind R – Step R to R side – Step L to L s	ide
&4	Push your chest forward and backward	
5-6	Cross R over L – Step L to L side	
&7-8	Make ¼ turn R and put weight on R – Step L forward – Hitch R knee	
[41-48] : Step B	ack – Drag – Shuffle – Jazz Box & Side Kick	
1-2	Step R diagonally backward – Drag L next R (weight still on R)	
3&4	Step L diagonally backward – Step R next to L – Step L diagonally backward	
5-6	Cross R over L – Step L backward	
7-8	Step R to R and drag L next to R – Step L next to R and Kick R to the side	
-	e 3rd wall, after counts 44, change the last 4 counts with a Jazz Box with ¼ turn F R over L – Make ¼ turn R stepping L backward – Step R to R side – Step L next	
[49-56] : Cross	- Side - Sailor Step with 1/4 turn - Walk x2 - Ball Cross with 1/4 turn x2 (1/2 circle)	
1-2	Cross R over L – Step L to L	
3&4	Cross R behind L – Make ¼ turn R stepping L next to R – Step R forward	
5-6	Step L forward – Step R forward	
0700	Make 1/ turn Distancing Lite L. Crees Disver L. Make 1/ turn Distancing Lite L	

&7&8 Make ¼ turn R stepping L to L – Cross R over L – Make ¼ turn R stepping L to L – Cross R over L





- &1-2 Step L to L side (on the ball) Step R to R side Cross L over R
- 3-4 Hitch R knee Step R to R side
- 5&6 Cross L behind R Step R to R side Step L to L side
- 7&8 Twist R foot inside twist R foot outside Hitch R knee

Contact: cowboy_gs@hotmail.fr