My Church

Compte: 64

Niveau: High Beginner

Chorégraphe: Jean Welser (USA) - February 2016

Musique: My Church - Maren Morris

#16 count intro

S1: CHARLESTON STEP (On the chorus walls, "Can I get a hallelujah..." hands should be in the air, waiving)

- 1-2, 3-4 Right foot forward, twist toe, and step back
- 5-6, 7-8 Left foot back, twist toe, and step forward

S2: TAPS AND VINES

- 1,2,3,4 Vine right four steps right to side, left behind, right to side, left step together
- 5,6,7,8 Tap three times with right toe to right side and hold one count (right hand with index finger pointed should wave with each tap to emphasize beat)
- 1,2,3,4 Vine back to left three steps –right behind, left to side, right cross over left-and hold one count

S3: MAMBOS AND TURN

- 5,6,7,8 Make a quarter turn left (9:00) and mambo left left forward, right in place, left back and hold
- 1,2,3,4 Mambo right right forward, left in place, right back and hold
- 5,6,7,8 Make a half turn left left forward, right forward, pivot on left foot (face 3:00 wall) and hold one count

S4: BACK STEPS AND HEEL STEPS

- 1-2, 3-4 Walk backwards right, left (stepping toe heel for two counts each step, almost moonwalk style)
- 5-6, 7-8 Walk backwards right, left (again, toe heel)
- 1-2, 3-4 Right heel forward, step back down, left heel forward, step back down
- 5-6, 7-8 Point right toe down, then stomp right foot

S5: JAZZ BOX AND HEEL TWISTS

- 1-2, 3-4 Jazz box with quarter turn to the right right cross over left, left foot diagonal back
- 5-6, 7-8 (Continue) Step right to 6:00 wall, step left together to complete quarter turn
- 1,2,3,4 Keeping toes together, swing heels left, center, right, center fast
- 5,6, 7,8 Flick right foot, throw hands in air(5), hold one count(6), touch right toe down(7) and hold (8) preparing to begin dance again with right forward Charleston step

PERFORMANCE NOTES:

(1) There is a slight "internal" Tag on 3rd wall when singer draws out the word "escape" [ct. 48] – do the toe point and stomp sequence twice

(2) There is a Restart on wall 5 after the mambos [28 counts and a pause]. There is time to do a brief twist, if desired (3)

At end of song, repeat the jazz box, heel swing, and flick sequence three times mychurch2 2/22/16© Contact: indancer@sbcglobal.net





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