Tricky Tricky

Niveau: Beginner Hip Hop



COPPERKNO

Mur: 2 Chorégraphe: Britt Beresik (USA) - February 2016 Musique: It's Tricky - Run-DMC

Part 1 - E	Back Crosses
[1 '8 coui	nt']
1-2	Step wide R, Tap L behind R
3-4	Step wide L, Tap R behind L
5-6	Step wide R, Tap L behind R
7-8	Step wide L, Tap R behind L
*optional	arms: for each set- punch arms to side on first count, then cross punch arms on second count
Part 2 - 1	wist and Turn
[1 '8 cou	nť]
1	Step R foot out to R while twisting both heels to the R

&2&3& Twist heels quickly- L R L R L

- Hitch L knee up 4
- 5-6 Step forward L w/ Pivot ¼turnR
- 7-8 Step forward L w/ Pivot ¼turnR [6:00]

Part 3 - Slow Running Man

1	'8 count']
1-2	Rock L back, recover R forward
3&4	Rock L back (hitching R knee), Recover R, Rock L back (hitching R knee)
5-6	Rock R back, recover L forward
7&8	Rock R back (hitching L knee), Recover L, Rock R back (hitching L knee)

Part 4 - Kicks

[1 '8 count']	
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1-2	Kick L, Kick R
3-4	Kick L Kick L
5-6	Kick R, Kick L
7-8	Kick R Kick R

Repeat all parts until song ends!

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