Johnny Got A Boom Boom (zh)

Mur: 4

Niveau: Improver

Chorégraphe: Darren Bailey (UK) - 2011年01月

Compte: 48

Musique: Johnny Got a Boom Boom - Imelda May

- 前奏: Dance starts At heavy Beat (16 count intro)
- Walk R, L, Mambo Forward, Walk Back L, R, Side Rock And Cross 第一段 走走,前曼波,後走走,曼波交叉
- 1-2 Step Rf forward, step Lf forward 右足前踏, 左足前踏
- 3&4 Rock forward on Rf, recover onto Lf, step back on Rf 右足前下沉, 左足回復, 右足後踏
- Step back on Lf, step back on Rf 左足後踏, 右足後踏 5-6
- 7&8 Rock Lf to L side, recover onto Rf, cross Lf over Rf 左足左下沉,右足回復,左足於右足前交叉踏
- Rock And Cross X2, Step Pivot Turn 1/2 L, Small Runs R, L, R 第二段 曼波交叉,曼波交叉,踏轉,跑跑跑
- 1&2 Rock Rf to R side, recover onto Lf, cross Rf over Lf 右足右下沉, 左足回復, 右足於左足前交叉踏
- 3&4 Rock Lf to L side, recover onto Rf, cross Lf over Rf 左足左下沉,右足回復,左足於右足前交叉踏
- Step forward on Rf, make a 1/2 turn L (weight ends on Lf) 5-6 右足前踏, 左轉180度(重心在左足)
- Make 3 small runs forward, R, L, R 前跑步-右, 左, 右 7&8
- Step Side, Touch, Step Side Touch, Shuffle To The L, Repeat To R 第三段 左踏 併點 右踏 併點, 左追步, 右踏 併點 左踏 併點, 右追步
- Step Lf to L side, touch Rf next to Lf, Step Rf to R side, touch Lf next to Rf 左足左踏, 右足併點, 1&2& 右足右踏, 左足併點
- Step Lf to L side, close Rf next to Lf, step Lf to L side 3&4 左足左踏,右足併踏,左足左踏
- Step Rf to R side, touch Lf next to Rf, step Lf ti L side, touch Rf next to Lf 右足右踏, 左足併點, 左 5&6& 足左踏,右足併點
- 7&8 Step Rf to R side, close Lf next to Rf, step Rf to R side 右足右踏, 左足併踏, 右足右踏
- 第四段 Cross, Back, Shuffle To The L, Cross, Back, Shuffle To The R With 1/4 Turn R 交叉 後路, 左追步, 交叉 後踏, 追步轉
- 1-2 Cross Lf over Rf, step back on Rf 左足於右足前交叉踏,右足後踏
- 3&4 Step Lf to L side, close Rf next to Lf, step Lf to L side 左足左踏,右足併踏,左足左踏
- Cross Rf over Lf, step back on Lf 5-6 右足於左足前交叉踏, 左足後踏
- 7&8 Step Rf to R side, close Lf next to Rf, step Rf to R side making a 1/4 turn R 右足右踏, 左足併踏, 右轉90度右足右踏





| 第五段 | Walk L, R, Kick And Touch To The R, Walk R, L, Kick And Touch To The L 走走, 踢併點, 走走, 踢併點 |
|-----|---|
| 1-2 | Step forward on Lf, step forward on Rf 左足前踏, 右足前踏 |
| 3&4 | Kick Lf forward, step Lf in place, touch Rf to R side 左足前踢, 左足踏, 右足右點 |
| 5-6 | Step forward on Rf, step forward on Lf 右足前踏, 左足前踏 |
| 7&8 | Kick Rf forward, step Rf in place, touch Lf to L side 右足前踢, 右足踏, 左足左點 |
| 第六段 | Sailor L, Sailor R, Touch Back, 1/2 Turn L, Stomp, Touch R (With Hand Flick) 水手步, 水手步, 後 點 轉, 重踏(拍手) 右點(雙手抬) |
| 1&2 | Cross Lf behind Rf, step Rf in place, step Lf to L side 左足於右足後交叉踏, 右足踏, 左足左踏 |
| 3&4 | Cross Rf behind Lf, step Lf in place, step Rf to R side 右足於左足後交叉踏, 左足踏, 右足右踏 |
| 5-6 | Touch Lf behind Rf, make a 1/2 turn L (weight ends on Lf) 左足於右足後點, 左轉180度(重心在左足) |
| 7-8 | Stomp Rf next to Lf (weight remains on Lf) clap hand together at the same time, touch Rf to R side 右足併重踏(重心仍在左足)拍手, 右足右點 (flick both hands out to the sides at hip level) 雙手在臀部高度向兩側抬 |