

Tell Me

Compte: 32

Mur: 2

Niveau: Improver / Intermediate

Chorégraphe: Nicola Lafferty (UK) - February 2016

Musique: Tell Me I'm the One - Jennifer Day : (Album: The Fun Of Your Love)



Count In: 16 Count Intro

Note: There is one restart – after 8 counts on Wall 3. See below.

[1-8] □ □ Side, Behind, Side, Cross Rock, Recover, ½ Turn, R Basic, □ □ □ Sways

1,2& Step RF to R side, Cross LF behind RF, Step RF to R side

3,4& Cross Rock LF over RF, Recover weight to RF, make ½ turn over L □ □ shoulder stepping LF fwd (face 6.00)

5,6& Step RF a large step to R side, Close LF to RF, Step RF a small step □ □ across LF

7,8& Sway to body to L, Sway body R, L

*Restart here on Wall 3

[9-16] □ □ Side, Cross Rock, Recover x 2, ½ Walk around, ½ Turn

1,2& Step RF to R side, cross rock LF over RF recover weight to RF

3,4& Step LF to L side, cross rock RF over LF, recover weight to LF

5,6&7 Making a semi-circle ½ turn to face 12.00, walk RF (5), walk LF (6), □ □ walk RF (&), walk LF (7)

8& Step RF fwd, ½ pivot turn to L (taking weight to LF) (face 6.00)

[17-24] □ Nightclub Diamond, Rock Recover with arm circle

1,2& Step RF to R side, making 1/8 turn L to face 4.30, Step LF back, □ □ Step RF back

3,4& Making 1/8 turn L to face 3.00, Step LF to L side, Making 1/8 turn L □ □ to face 1.30, Step RF fwd, Step LF fwd

5,6& Making 1/8 turn L to face 12.00, Step RF to R side making 1/8 □ □ turn L to face 10.30, Step LF back, Step RF back

7 Make 1/8 turn L to square up to the 3.00 wall as you rock LF to L □ □ side (*optional arm: circle L arm and look to 6.00 as you rock)

8 Make ¼ turn R taking weight to RF (face 12.00)

[25-32] □ Walk, Step ½ Pivot, Step, ½ Pivot, L Nightclub basic, Lunge

1,2& Step LF fwd, Step RF fwd, ½ Pivot turn to L (face 6.00)

3,4& Step RF fwd, Step LF fwd, ½ Pivot turn to R (face 12.00)

5,6& Step LF a large step to L side, Close Rf to LF, Step LF a small step □ □ across RF

7 Lunge RF to R side

8 Take weight to LF as you make a ½ turn to L, collect RF beside LF