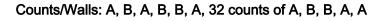


Compte:	96	<b>Mur:</b> 0	Niveau:	Phrased Novice
Chorégraphe:	Raymond Sarlemijn (NL) & Darren Bailey (UK) - April 2016			
Musique:	Run - Tiggs Da	Author		



#### Part A – 64 counts A1: Point R, Touch, Side R, Touch L, L vine with 1/4 turn L and scuff Point RF to R side, Touch RF next to LF 1-2 3-4 Step RF to R side, Touch LF next to RF 5-6 Step LF to L side, Cross RF behind LF 7-8 Make a ¼ turn L and step forward on LF, Scuff RF forward A2: Forward R, ¼ turn L with touch, Side L, Touch R, Forward R, ¼ turn L with touch, Side L, Touch R 1-2 Step forward on RF, make a 1/4 turn L and touch LF next to RF 3-4 Step LF to L side, Touch RF next to LF 5-6 Step forward on RF, make a 1/4 turn L and touch LF next to RF 7-8 Step LF to L side, Touch RF next to LF A3: R Lock to R diagonal, Touch, L Lock to L diagonal, Touch 1-2 Step RF forward to R diagonal, Lock LF behind RF 3-4 Step RF forward to R diagonal, Touch LF next to RF 5-6 Step LF forward to L diagonal, Lock RF behind LF 7-8 Step LF forward to L diagonal, Touch RF next to LF A4: Out R, Out L, In R, In L, R hand in, L hand in, R hand forward, L hand forward 1-2 Step RF to R side, Step LF to L side 3-4 Step RF In towards LF, Step LF next to RF 5-6 Push R hand down in front of you, Push L hand down in front of you Push R hand forward, Push L hand forward 7-8 A5: Back diagonal R, Touch, Back diagonal L, Touch, Back diagonal R, Touch, Side L, Touch 1-2 Step RF back to R diagonal, Touch LF next to RF 3-4 Step LF back to L diagonal, Touch RF next to LF 5-6 Step RF back to R diagonal, Touch LF next to RF 7-8 Step LF to L side, Touch RF next to LF A6: Step R, Close, x4 Step RF to R side, Close LF next to RF 1-2 3-4 Step RF to R side, Close LF next to RF Step RF to R side, Close LF next to RF 5-6 7-8 Step RF to R side, Touch LF next to RF A7: Step L, Bounce or pop, Step L, Bounce or pop Step LF to L side, Pump chest forward twice (or two little bounces) 1-2 3-4 Close RF next to LF, Hold 5-6 Step LF to L side, Pump chest forward twice (or two little bounces) 7-8 Touch RF next to LF, Hold

- A8: Paddle turns making a ½ turn L
- 1-2 Step RF to R side, Make a 1/8 turn L (take weight onto LF)
- 3-4 Step RF to R side, Make a 1/8 turn L (take weight onto LF)

- 5-6 Step RF to R side, Make a 1/8 turn L (take weight onto LF)
- 7-8 Step RF to R side, Make a 1/8 turn L (take weight onto LF)

## Part B - 32 counts

### B1: Slow motion run R, Slow motion run L, Run forward R, L, R, L

- 1-2 Step forward on ball of RF, push LF back across floor
- 3-4 Step forward on ball of LF, push RF back across floor
- 5-6 Step forward on RF, Step forward on LF
- 7-8 Step forward on RF, Step forward on LF

# B2: Slow motion run R, Slow motion run L, Run back R, L, R, L

- 1-2 Step forward on ball of RF, push LF back across floor
- 3-4 Step forward on ball of LF, push RF back across floor
- 5-6 Step back on RF, Step back on LF
- 7-8 Step back on RF, Step back on LF

# B3: Weave to R, Cross rock with R, Recover, Side, Hold

- 1-2 Cross RF in front of LF, Step LF to L side
- 3-4 Cross RF behind LF, Step LF to L side
- 5-6 Cross rock RF in front of LF, Recover onto LF
- 7-8 Step RF to R side, Hold

# B4: Weave to L, Cross rock with L, Recover, Side, Hold

- 1-2 Cross LF in front of RF, Step RF to R side
- 3-4 Cross LF behind RF, Step RF to R side
- 5-6 Cross rock LF in front of RF, Recover onto RF
- 7-8 Step LF to L side, Hold

# Hope you enjoy the dance.

Live to Love; Dance to Express.

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