# Let Me Help

| **Compte:** 32 | **Mur:** 2 | **Niveau:** Beginner |
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**Chorégraphe:** Wanda Heldt (AUS) - March 2016

**Musique:** I Can Help by The Bellamy Brothers

No Tags or Restarts

Alternate: Boogie Fever by The Sylvers

Choreographed for Senior's & newcomers to keep them active in body & mind - keeping them on the dance floor - Having FUN.
Split floor: Stop Looking At My Eyes & Quit You Cha No Tags or restarts

## S1. WALK FORWARD R.L.R. POINT, WALK BACK L.R. 1/4 TURN L. POINT
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|---|---|
| 1-4 | Walk forward R.L.R. Point left to Left side. |
| 5-8 | Walk back L.R. Turn a 1/4 Left stepping on Left [Lean body to Left] Point Right to side. [9:00] |

## S2. RIGHT VINE, LEFT VINE [ or ROLLING VINE R & L ]
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| 1-4 | Step Right, Step Left behind Right, Step Right, Touch next to Right. |
| 5-8 | Step Left, Step Right behind Left, Left Step Left, Touch Right next to Left. |

## S3. FORWARD, TAP, BACK, TAP, FORWARD, TAP, BACK, TOUCH
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|---|---|
| 1-2 | Step forward on Right, Tap Left toe behind Right. |
| 3-4 | Step back on Left, Tap Right toe across Left. |
| 5-6 | Step forward on Right, Tap Left toe behind Right. |
| 7-8 | Step back on Left, Touch Right toe next to Left. |

## S4. 2 x 1/8 PADDLE TURN LEFT, DOUBLE HIP BUMPS R & L.
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|---|---|
| 1-2 | Step forward on Right turn 1/8 turn Left,Recover on Left. [Rolls hips as you turning] |
| 3-4 | Step forward on Right turn 1/8 turn Left,Recover on Left [6:00] [Wt. stays on Left] |
| 5-6 | Step forward on Right [body to L.diag] bump Right hip twice. |
| 7-8 | Recover on Left bump Left hip twice. |

Restart ………… HAVE FUN IN LIFE & IN DANCE.

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