No Rights No Wrongs

Compte: 32

Niveau: Beginner

Chorégraphe: Lawrence Allen (USA) - April 2016

Musique: No Rights No Wrongs - Jess Glynne : (CD: I Cry When I Laugh)

| Intro: There Is A 10 Count Intro. Start on Lyrics | |
|---|---|
| Side Rock, Recover, R Cross Shuffle, 3/4 R Turn, L Shuffle Forward | |
| 1-2 | Rock R To R Side, Recover Weight To L |
| 3&4 | Step R Over L, Step L To L Side, Step R Over L |
| 5-6 | Make 1/4 R Turn Stepping L Back (3:00), Make 1/2 R Turn Stepping R Forward (9:00) |
| 7&8 | Step L Forward, Step R Beside L, Step L Forward |
| Forward Rock, Recover, R Coaster, 1/2 R Pivot Turn, L Shuffle Forward | |
| 1-2 | Rock R Forward, Recover Back On L |
| 2&4 | Step R Back, Step L Next To R, Step R Forward |
| 5-6 | Step L Forward, Make 1/2 R Pivot Turn Transferring Weight Forward On R (3:00) |
| 7&8 | Step L Forward, Step R Next To L, Step L Forward |
| Step, Hold, Step, Hold, Forward Rock, Recover, 1/4 R Turn, Cross | |
| 1-2 | Step R Forward Taking Weight, Hold |
| 3-4 | Step L Forward Taking Weight, Hold |
| 5-6 | Rock R Forward, Recover Back On L |
| 7-8 | Make 1/4 R Turn Stepping R To R Side, Cross L Over R |
| Side Note: During Counts 2 & 4 (Holds) Forward Body Rolls Or Hip Sways Can Be Added For Style | |
| Hip Sways R, L, R, Hips Sways L, R, L, R 1/4 Jazz Box, Cross | |
| 1&2 | Sway Hips To R, Sway Hips To L, Sway Hips To R |
| 3&4 | Sway Hips To L, Sway Hip To R, Sway Hips To L |
| 5-6 | Step R Over L, Step L Back |
| 7-8 | Make 1/4 R Turn Stepping R To R Side (9:00), Step L Over R |

Repeat and Enjoy!!!

Contact: lindancinallen@aol.com





Mur: 4