I'm So Excited!



Compte: 32 Mur: 4 Niveau: Intermediate

Chorégraphe: Cindy Hady (USA) - May 2016

Musique: I'm So Excited - The Pointer Sisters : (Album: The Best Of The Pointer Sisters)



Start weight on L - Intro: start with vocals, approximately 30 seconds in

KICK-&-HITCH, SIDE-BACK-CROSS-POINT, ROCK-RECOVER-CROSS, BOUNCE-BOUNCE (1/2

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1&2 Kick R forward, step R beside L, hitch L knee

&3 Step side L, step R slightly back (open to right diagonal)

&4 Cross L over R, point R forward to right diagonal

Rock R to side, recover L, cross R over L (weight even on balls)

Unwind left ½ (6:00) while bouncing heels 3X, ending with weight L

SHUFFLE FORWARD, CROSS-SIDE-HEEL-BACK-TOUCH-BACK-TOUCH, BACK-LOCK-BACK

1&2 Stepping forward R, close L, step forward R

3&4 Cross L over R, step R to right, touch L heel forward to left diagonal

5&6& Step back L, touch R next L, step back R, touch L next to R (optional claps on touches)

7&8 Step back L, step back R with heel to L instep, step back on L

TURN-SIDE-CROSS, KICK-&-CROSS, POINT-HITCH-POINT, BEHIND-SIDE-FORWARD

1&2	Turn right ¼ (9:00) stepping R behind L, step L to L side, cross R over L
3&4	Kick L low toward left diagonal, step back slightly on L ball, cross R over L

(Still facing left diagonal)

Point L to side, hitch L knee turning right, squaring to 12:00, point L to side Step L behind R, step R to side, Step L forward of R (12:00) **Restart

ROCK-&-CROSS, BACK-TURN-CROSS, ROCK-&-HEEL-&-HEEL-&-TOUCH

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1&2	Rock R to side	recover I	cross R over I

3&4 Step L back, turn right ¼ (3:00) stepping side R, cross L over R

5&6 Rock R to side, recover L, touch R heel forward

&7 Step R next to L, touch L heel forward &8 Step L next to R, touch R next to L

As music fades, dance will end at the front on the last step!

**RESTARTS will occur during the 2nd and 7th repetitions; you will start and restart at 3:00 both times.

Contact: chadydancer@gmail.com

Last Updated: 8/21/2016