My Girl's Night Out

Niveau: High Improver

Compte: 32 Chorégraphe: Jef Camps (BEL) - May 2016 Musique: Mgno - Russell Dickerson



Info: 16 count intro – 1 restart

CROSS ROCK, RECOVER, CHASSE, HEEL GRIND, TOG, CROSS, SIDE

Mur: 4

- RF cross rock over LF, recover on LF 1-2
- 3&4 RF step side, LF close next to RF, RF step side
- 5-6& LF cross heel over RF, RF step side when twisting LT to the L, LF close next to RF
- 7-8 RF cross over LF, LF step side

BEHIND, SIDE, HEEL-BALL-CROSS, ¼ TURN BACK, ¼ TURN SIDE, SWAYS, TOG, SIDE ROCK, RECOVER

1&2&	RF cross behind LF, LF step side, RF dig heel diag. R-forward, RF close next to LF
3-4	LF cross over RF, ¼ turn L & RF step back
5&6	$\frac{1}{4}$ turn L & LF step side & push hips to L, push hips to R, push hips to L \Box (6:00)

&7-8 RF close next to LF, LF rock to side, recover on RF

SAILOR-STEP. ROCK FWD. RECOVER. TRIPPLE ¾ TURN. CROSS. ¼ TURN BACK

- LF cross behind RF, RF step side, LF step slightly forward 1&2
- 3-4 RF rock forward, recover on LF
- 5&6 Make a $\frac{3}{4}$ triple turn R on R-L-R
- 7-8 LF cross over RF, $\frac{1}{4}$ turn L & RF step back $\Box \Box \Box \Box \Box \Box \Box (12:00)$

ROCK BACK, RECOVER, SHUFFLE ½ TURN R, ¼ TURN SIDE, CROSS, ½ TURN, CROSS SAMBA, FLICK

- LF rock back, recover on RF 1-2
- 3&4 1/4 turn R & LF step side, RF close next to LF, 1/4 turn R & LF step back
- &5-6 1/4 turn R & RF step side, LF cross over RF, make 1/2 turn R on RF
- LF cross over RF, RF step side, LF step side (Flick RF) 7&8&

Have fun!

Restart: in the 5th wall after 16 counts

Dance until the end of the second section & change count 16 into a scuff with your RF to restart the dance (6:00)