Longer If I May



Compte: 32 Mur: 2 Niveau: Intermediate NC2S

Chorégraphe: Hans Palm (SWE) - May 2016

Musique: How Long Will I Love You? - Askil Holm: (Album: Harmony Hotel - 2:54)



Intro: 32 beats (16 counts on the slower beat) No Tags, No Restarts.

C4: Dania NC D	3/ 4	atan turn 1/ D	swav fwd-bwd-fwd.	1/ turn I atam I D
ST DASIC NU R	% IIIm R	Sien ilim % R	SWAV IWO-DWO-IWO	% IUM I SIED I R

12& Step R to R side (1), close L slightly behind R (2), cross R over L (&) (prep for R turn)

3& Turn ¼ R by stepping back on L (3), turn ½ R stepping forward on R (&) 9:00

4& Step forward on L (4), pivot turn ½ R on L to weight on R (&) 3:00

Step and sway forward on L (5), sway back on R (6), sway forward on L (&)

78& Turn ½ L by stepping back on R (7), step forward on L (8), step forward on R (&) 9:00

S2: Rock/recover, vine left, cross rock/recover, prep and full turn L

12& Rock forward on L (1), rock back on L (2), step L to side (&)

3&4& Cross R over L (3), step L to side (&), cross R behind L (4), step L to side (&)

56& Cross rock R over L (5), recover back on L (6), step R to side (&)

78& Coss L over R (7) (prep for L turn), turn ¼ L stepping back on R (8), turn ½ L stepping

forward on L (&) and continue turning another ¼ L to prepare for basic NC R in next section

at 9:00

S3: Basic NC R, ¼ turn R on L and ½ turn R to R foot, turn ½ R on R foot with sweep, prissy walks, rock/recover, ¼ L side cross

12& Step R to R side (1), close L slightly behind R (2), cross R over L (&) (prep for R turn)

3& Turn ¼ R by stepping back on L (3), turn ½ R stepping forward on R (&) 6:00

4(&) Turn ½ R on R while sweeping L foot in a half circle (4) 12:00

(Advanced option: turn 1 ½ R while hitching L towards R in a figure 4)

56 Prissy walk L (5) and R (6)

7& Rock forward on L (7), recover back on R (&)

8& Turn ¼ L by stepping L to side (8), cross R over L (&) 9:00

S4: Basic NC L, Basic NC R, ¼ R step step, step turn ½ L, full turn L + ¼ L to next wall

Step L to L side (1), close R slightly behind L (2), cross L over R (&)
Step R to R side (3), close L slightly behind R (4), cross R over L (&)

Turn ¼ R by stepping L back (5), step forward on R (6), step forward on L (&) 3:00

Step turn ½ L by stepping forward on R (7) and turn ½ L to weight on L (&) 9:00

8& Turn ½ L by stepping back on R (8), turn ½ L stepping forward on L (&), continue turning

another 1/4 L to prepare for next wall at 6:00 or 12:00

ENDING: Last wall (5) starts at 12:00. Complete section 1, end with a slow pivot turn ¼ R on L foot to face front wall or slightly to the right diagonal

Contact: palm.hans@gmail.com