

# Bendy Breaky

Compte: 32

Mur: 4

Niveau: Easy Intermediate

Chorégraphe: Miquel Mendez & Adrian Churm (UK) - May 2016

Musique: Bend Not Break - Josh Herbert



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## Sec 1: Kick, step back, toe back, step forward x2

- 1 – 4                Kick right forward, step right back, touch back, step left forward.  
5 – 8                Kick right forward, step right back, touch left back, step left forward.

## Sec 2: ¼ turn, behind, side, ball step, side, weave left

- &1 – 2              ¼ turn left right foot to the side, step left behind right. step right to the side.  
3&4                Step ball of left behind right, recover forward onto right. Left to the side.  
5&6&              Step right behind left, step left to the side, step right across left, step left to the side.  
7&8                Step right behind left, step left to the side, step right across.

## Sec 3: Side Rock, recover, sailor step ¼ turn left, rock forward, recover, coaster step

- 1 – 2                Rock left out to the side, recover onto right  
3&4                Step left behind right ¼ turn left, step right to the side, step left forward.  
5 – 6                Rock right forward, recover back onto left.  
7&8                Step right back, close left next to right, step right forward.

## Sec 4: Volta turns, jazz box ¼ turn right.

- 1&                  ¼ turn left with left across right, step toes of right to the side.  
2&                  ¼ turn left with left across right, step toes of right to the side.  
3&                  ¼ turn left with left across right, step toes of right to the side.  
4                    ¼ turn left step left foot forward.  
5 – 6                Cross right over left, step left back.  
7 – 8                ¼ turn right right foot to the side, small step forward with left.

**Restart wall 4: Dance up to and including section 2 on count 8 of section 2 touch right foot back**

**Ending: On the last repetition of the dance do not turn the jazz box at the end of section 4**

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