Walk Don't Run

Niveau: Phrased Intermediate

Chorégraphe: Hiroko Carlsson (AUS) - September 2016 Musique: Walk, Don't Run - The Ventures : (iTunes)

Compte: 64

(Intro: 16 counts) PART A: 32 counts

[AS1] V-Step (out-out, in-in), Shuffle Fwd, Paddle Turn

- 12 Diagonal right forward, left forward
- 34 Step R back, step L back next to right
- 5&6 Shuffle Forward R-L-R
- 7-8 Step L fwd, turn 1/4R (3:00)

[AS2] Cross Shuffle, Side, 1/2L, Box Step Fwd,

- 1&2 Cross L over R, step R side, step across L over R
- 34 Step R side, turn 1/2L step side on left
- 5678 Cross R over L, L back, R step side, L step fwd (9:00)

[AS3] 2x Paddle Turn, Stomp, Hold, Heel Twists (R, 1/4L w/Hook R)

- 1234 Step R fwd, turn L1/4, step R fwd, turn 1/4L
- 5-6 Fwd R stomp, hold
- 7-8 Twist right both heels, twist left both heels and turn 1/4R w/hook right (6:00)

[AS4] Side, Hold, Tap-tap, 1/4 Back, Cross, Hold, Side, Touch Behind

- 1-234 Step R side, hold, tap left toe twice next R
- &5-6 1/4R Step left back, R cross over L, hold
- 78 Step L to side, touch R behind L (9:00)

PART B: 32 counts

[BS1] R Rumba Box (fwd and back), Switch, L Rumba Box (back and fwd), Switch

- 1234 Step side on R, step together on L, step fwd on R, pull L toward R
- 5678 Step side on L, step together on R, step back on L, pull R toward L and switch weight on R (Optional)
- 5678 Step side on L, 1/4R step side on right (3:00), 1/4R step on left in place (6:00), 1/2R step on R in place (12:00)

[BS2] L Rumba Box (back and fwd), Switch, R Rumba Box (fwd and back), Switch

- 1234 Step side on L, step together on R, step back on L, pull R toward L
- 5678 Step side on R, step together on L, step fwd on R, pull L toward R and switch weight on L
- (Optional)
- 5678 Step side on R, 1/4R step side on left (3:00), 1/4R step on right in place (6:00), 1/2R step on L in place (12:00)

[BS3] Side Rock, Recover Behind, Side Rock, Recover Behind, Rock Back

- 123 R side rock, recover on L, step R behind L
- 456 L side rock, recover on R, step L behind R
- 7-8 Step R back, recover weight on L

[BS4] Fwd Rock, Together, Back Rock, Together, 2x Clap

- 123 R fwd rock, recover on L, step together R next to L
- 456 L back rock, recover on R, step together L next to R
- 78 Clap, clap





Mur: 4

Sequence A, A, B, A, B, A, A, B, A

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