Get On Board



Compte: 32 Mur: 2 Niveau: Improver Chorégraphe: Steve Rutter (UK) & Claire Rutter (UK) - September 2016

Musique: Train - Drew Baldridge : (Album: Dirt On Us)



(16 Count Intro' From Start Of Beat – 21 Secs).

Section 1 – Step Forward, Kick-Ball, Forward Rock, Shuffle ½ Turn Right, ¼ Turn Right, Cross Behind.

1	Sten	forward	on	riaht
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2& Kick left forward, close left beside right

3-4 Rock forward on right, recover weight onto left 5&6 Make a half turn right stepping on right, left, right.

7-8 Make a quarter turn right stepping left to left side, cross right behind left. (9 o'clock)

Section 2 - Side Rock, Syncopated Weave, Side Rock, Cross Behind, 1/4 Turn Left, Step Forward.

1-2 Rock left to left side, recover weight onto right.

3&4 Cross left behind right, step right to right side, cross left over right.

5-6 Rock right to right side, recover weight onto left.

7&8 Cross right behind left, make a quarter turn left stepping left forward, step forward on right. (6

o'clock).

FOR FUN: ☐On counts 1-2 (Side Rock), bend left arm with fist pointing upwards and pull down twice shouting "Woooo Woooo"

as you sound the trains horn!! Do The Same with Right Arm on counts 5-6......Go On You Know You Want To!!!

Section 3 – Syncopated Weave, Heel Touch, Close, Crossing Shuffle, ¼ Turn Left, Step Forward.

1&2 Cross left over right, step right to right side, cross left behind right.

&3 Step right to right side, cross left over right.

&4 Step right to right side, touch left heel forward towards left diagonal.

& Close left beside right.

5&6 Cross right over left, step left to left side, cross right over left.

7-8 Make a quarter turn left stepping left forward, step forward on right. (3 o'clock).

Section 4 - Forward Rock, Coaster Step, Heel Switches With 1/4 Turn Left, Pivot 1/2 Turn Left.

1-2 Rock forward on left, recover weight onto right

3&4 Step back on left, close right beside left, step forward on left.

OPTION: Counts 3&4 (Coaster Step) can be replaced with a triple full turn left stepping on left, right, left.

5& Touch right heel forward, close right beside left.

6& Make a guarter turn left touching left heel forward, close left beside right.

7-8 Step forward on right, pivot a half turn left. (6 o'clock).

TAG (4 Counts) Rocking Chair - To Be Added At The End Of Wall 1 (Facing 6 o'clock) and Wall 4 (Facing 12 o'clock).

1-2 Rock forward on right, recover weight onto left.3-4 Rock back on right, recover weight onto left.

Enjoy!

Site: www.steveandclaire.wix.com/nulinedance - E-Mail: steveandclaire@nulinedance.com