

# If You Believe In Love

Compte: 32

Mur: 4

Niveau: Low Intermediate

Chorégraphe: Micaela Svensson Erlandsson (SWE) - July 2016

Musique: Let's Get It On - Marvin Gaye : (Album: Remixed)



Intro: 32 counts

**\*\* Dedication: To my husband Mikael "LD Crazy Mike" Erlandsson \*\***

**Note: The rhythm is most often seen in a dance style called Chicago Steppin',**

## **BACK, BACK, COASTER STEP, WALK, WALK, ANCHOR STEP**

- 1-2& Step left back, step right back, step left back
- 3&4 Hold, step right together, step left forward
- 5-6& Step right forward, step left forward, cross/rock right behind
- 7&8 Hold, recover to left, step right back

## **SWAY, SWAY, HITCH, OUT-OUT, TOGETHER, CROSS, HEEL BUMPS X3, UNWINDING 1/2 LEFT**

- 1-2& Rock left side and hip left, recover to right and hip right, hitch left
- 3&4 Hold, step left side, step right side
- 5-6& Step left together, cross right over, turn 1/8 left and bounce heels
- 7&8 Hold, turn 1/4 left and bounce heels, turn 1/8 left and bounce heels (weight to left)

## **ROCK STEP, COASTER STEP, ROCK STEP, COASTER STEP**

- 1-2& Rock right forward, recover to left, step right back
- 3&4 Hold, step left together, step right forward
- 5-6& Rock left forward, recover to right, step left back
- 7&8 Hold, step right together, step left forward

## **STEP, TURN 1/4 LEFT, RIGHT SAILOR STEP, PLACE HANDS ON OPPOSITE HIPS SWAYING, HIP ROLL**

- 1-2& Step right forward, turn 1/4 left (weight to left), cross right behind
- 3&4 Hold, rock left side, recover to right
- 5-6 Rock left side and hip left (place right hand across to left hip), recover to right and hip right (place left hand across to right hip)
- 7-8 Hold for 2 counts (roll hips right, ending weight to right)

## **REPEAT**

**Last Update – 18th Oct 2016**