

Belinda

Compte: 56

Mur: 4

Niveau: Improver

Chorégraphe: Fred CHABBAT (FR) & Aurélie GAAG (FR) - October 2016

Musique: BELINDA by Matt POKORA



Intro: 16 Counts

Seq: Wall 1 / Wall 2 / SI+SII+SIII+SIV / SI+SII+SIII+SIV+SV / SIV+SV / (SVI+SVII)x2 / SI x4

SI- Charleston Step – ¼ turn R Charleston Step

- 1-2 Point R Fwrđ – Recover Back Step R
- 3-4 Point Back L – Step L Fwrđ
- 5-6 Point R Fwrđ – ¼ Turn R Recover Back Step R
- 7-8 Point Back L – Step L Fwrđ

SII- Shuffle diag R – Jazzbox R – Shuffle diag L – Jazzbox L

- 1&2& Step R diag R – L beside R – Step R diag R – L beside R
- 3&4 R cross on L – L back diag L – R side R
- 5&6& Step L diag L – R beside L – Step L diag L – R beside L
- 7&8 L cross on R – R back diag R – L side L

SIII- Charleston Step – ¼ turn R Charleston Step

- 1-2 Point R Fwrđ – Recover Back Step R
- 3-4 Point Back L – Step L Fwrđ
- 5-6 Point R Fwrđ – ¼ Turn R Recover Back Step R
- 7-8 Point Back L – Step L Fwrđ

SIV- Stomp/Kick R – Behind side Cross – Stomp/Kick L – Behind ¼ Turn R

- 1-2 Stomp R diag R Fwrđ – Kick R diag R
- 3&4 R behind L – L side L – R cross on L
- 5-6 Stomp L diag L Fwrđ – Kick L diag L
- 7&8 L behind R – ¼ Turn R, Step R Fwrđ – Step L Fwrđ

Restart Here during Wall 3

SV- Stomp/Kick R – Behind side Cross – Stomp/Kick L – Behind side Cross

- 1-2 Stomp R diag R Fwrđ – Kick R diag R
- 3&4 R behind L – L side L – R cross on L
- 5-6 Stomp L diag L Fwrđ – Kick L diag L
- 7&8 L behind L – R side R – L cross on R

SVI & SVII- Heel/Hook/Heel/Flick – Sailor ¼ Turn R – Heel/Hook/Heel/Flick – Shuffle L/R/L

- 1&2& Heel R Fwrđ – Hook R – Heel R Fwrđ – Flick R
- 3&4 Sailor ¼ turn R, R/L/R
- 5&6& Heel L Fwrđ – Hook L – Heel L Fwrđ – Flick L
- 7&8 Schuffle Fwrđ L/R/L

End of the Dance!!!...

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Last Update - 27th Oct 2016