Forever and Ever, Amen

Niveau: Easy Beginner

Chorégraphe: Sonja Hemmes (USA) - November 2016

Musique: Forever and Ever, Amen - Randy Travis : (Album: I Told You So - The Ultimate Hits of Randy Travis)

Start on vocals

Compte: 32

This choreography was done to commemorate the Anniversary of David Levenstein and Mindy Cruz

TRIPLE RIGHT, ROCK BACK, RECOVER, TRIPLE LEFT, ROCK BACK, RECOVER

- 1&2 Step right foot to right side, step together with left foot, step right foot to right side
- 3-4 Rock back with ball of left foot, replace weight forward to right foot
- 5&6 Step left foot to left side, step together with right foot, step left foot to left side
- 7-8 Rock back with ball of right foot, replace weight forward to left foot

POINT, CROSS, POINT, CROSS, JAZZ BOX

- 1-2 Touch right toe to right side, step right foot across front of left
- 3-4 Touch left toe to left side, step left foot across front of right
- 5-6 Step right foot forward in front of left, step left foot back
- 7-8 Step right foot to right side, step left foot next to right

POINT, CROSS, POINT, CROSS, ROCKING CHAIR

- Touch right toe to right side, step right foot across front of left 1-2
- 3-4 Touch left toe to left side, step left foot across front of right
- 5-6 Rock forward on right foot, return weight on left
- 7-8 Rock back on right foot, return weight on left

VINE RIGHT, TOUCH, VINE LEFT TURNING 1/4 LEFT, TOUCH

- 1-2 Step right foot to right side, step left foot behind right
- 3-4 Step right foot to right side, touch left foot next to right
- 5-6 Step left foot to left side, step right foot behind left
- 7-8 Step left foot to left side turning 1/4 left, touch right foot next to left

EASY RESTART: In the 5th rotation, facing the 12 o'clock wall, dance the first 16 counts, then Restart the dance





Mur: 4