Mama's Heart Of Gold

Compte: 34	**Mur:** 4	**Niveau:** Improver	

Chorégraphe: Micaela Svensson Erlandsson (SWE) - November 2016

Musique: Mama Courtney - Robert Mizzell

Intro: 36 Count

Section 1:☐Side. Touch. Side. Behind. Side. Cross. Side. Touch. Side. Behind. ¼ Turn right. Step.
1&2	Step right to right side. Touch left beside right. Step left to left side.
3&4	Cross right behind left. Step left to left. Cross right over left.
5&6	Step left to left side. Touch right beside left. Step right to right side.
7&8	Cross left behind right. Turn ¼ right stepping forward on right. Step forward on left.

Section 2:☐Mambo Step. Coaster Step. Step. ½ Turn left. ½ Chase Turn left.
1&2	Rock forward on right. Recover onto left. Step back on right.
3&4	Step back on left. Step right beside left. Step forward on left.
5-6	Step forward on right. Turn ½ left.
7&8	Step forward on right. Turn ½ left. Step forward on right.

Bridge here: On wall 3 facing 9 O'clock. Wall 6 Facing 12 O'clock. Wall 7 Facing 9 O'clock.

Section 3:☐Rock Step. Shuffle ½ Turn left. Heel Switches. Rock Step.
1-2	Rock forward on left. Recover onto right.
3&4	Make a Shuffle ½ turn back over the left shoulder stepping left, right, left.
5&6&	Touch right heel forward. Step right in place. Touch left heel forward. Step left in place
7-8	Rock forward on right. Recover onto left.

Section 4:☐Back Shuffle. Coaster Step. Skate. Skate. Right Vaudeville.
1&2	Step back on right. Close left beside right. Step back on right.
3&4	Step back on left. Step right beside left. Step forward on left.
5-6	Skate forward on right. Skate forward on left.
7&	Cross right foot over left. Step back on the left foot.
8&	Touch right heel forward. Step right in place.

Section 5:☐Cross Shuffle.
1&2	Cross left over right. Step right foot to right side. Cross left over right.

Bridge: Walk forward on left. Walk forward on right.
On Wall 3 (Facing 9 O'clock) Wall 6 (Facing 12 O'clock) Wall 7 (Facing 9 O'clock)

Tag: After Wall 3(Facing 3 O'clock)
Right Scissor Step. Left Scissor Step.