All Shapes & Sizes

Phrasing: []A, B, B, C, A, B, B, C, B, B, C*, B, Ending

*On 3rd C you only dance the first 32 counts and then go straight into B

COPPER KNO

Compte: 112

Mur: 4

Niveau: Phrased Advanced

Chorégraphe: Kirsten Matthiessen (DK) & Jannie Tofte Stoian (DK) - January 2017 Musique: Shape of You - Ed Sheeran : (iTunes)

Intro:□16 counts (app. 9 seconds into track)	
A SECTION (Always starts facing 12:00)	
A[1-8] Samb	a basic R, L, Volta turn ¾ R sweep, Cross ¼ L, 🗆
1-2&	Step R to R side, rock L back, recover onto R (basic samba step) \Box 12:00
3-4&	Repeat with L 12:00
5&6&7	Turn ¼ R crossing R slightly over L, ball L next to R, turn ¼ R crossing R slightly over L, ball L next to R, turn ¼ R crossing R slightly over L sweeping L CW□09:00
8&	Cross L over R, turn ¼ L stepping R back⊡06:00
A[9-16] \Box ¼ L, Together x2, Vine ¼ R, Rocking chair, Slow soft hitch, Step \Box	
1-2&	Turn $\frac{1}{4}$ L stepping L to L side, step R next to L, step L in place $\Box 03:00$
3-4&	Step R to R side, cross L behind R, turn ¼ R stepping R fw□06:00
5&6&	Rock L fw, recover onto R, rock L back, recover onto R□06:00
7-8	Soft hitch L, step L fw (note: imagine you're taking the step in slow motion) \Box 06:00
	el swivel ¼ R x2, Sweep, Sailor ½ R, Step heel swivel x2, Back rock, Vine ¼ R□
&1	Swivel R heel ¼ R, swivel L heel ¼ R sweeping R CW□12:00
2&3	Turn ¼ R crossing R behind L, turn ¼ R stepping L in place, cross R slightly over L□06:00
&4&5&	Step L to L side, swivel R heel in, swivel R heel back in place, repeat swivel w/L (weight ends on L) \Box 06:00
6&	Rock R back, recover onto L⊟06:00
7-8&	Step R to R side, cross L behind R, turn $\frac{1}{4}$ R stepping R fw \Box 09:00
A[25-32] \Box Rock hitch x2, Toe heel flick, Cross slide, Behind ½ R \Box	
1&2&	Rock L fw, recover onto R, hitch L, step L next to R
Note: on the first (and only first) A you do the following arm movements on counts 1&2	
:1: Both hands in front of you at waist level, R on top of L, palms up	
&2	Keeping hands together flip inwards ending with hands at mouth level palms out on count $2\Box$ - 09:00
3&4&	Repeat w/R foot
No arms⊡09:00	
5&6&	Touch L toe next to R (knee turned in) tap L heel diagonally L, flick L turning body slightly R, cross L over R□09:00
7_8&	Slide R to R side, cross L behind R turn $\frac{1}{2}$ R stepping R fw 12:00

7-8& Slide R to R side, cross L behind R, turn ¼ R stepping R fw 12:00

B SECTION

Counts Footwork End facing

B[1-8]□Slow batucada x2, Batucadas, Kick out out, □

- 1-2& Press L fw rolling hip CCW (1), transferring weight onto R (2), step L next to R (&) 22:00
- 3-4& Repeat w/ R rolling hips CW□12:00
- 5&6& Repeat counts 1-4 double tempo – travelling slightly back□12:00
- 7&8 Kick L, step out L, step out R□12:00

B[9-16] Hip sways, Back rock, $\frac{1}{4}$ R side cross side, Back rock step, Step $\frac{1}{2}$ R x2



- &1 Sway hips L, sway hips R□12:00 2& Rock L back, recover onto R 12:00 3&4 Turn ¼ R stepping L to L side, cross R over L, step L to L side□03:00 5&6 Rock R back, recover onto L, step R fw□03:00 Step L fw, turn ½ R stepping onto R, repeat□03:00 7&8& C SECTION (Always starts facing 06:00) C[1-7] Cross side rock, Jazz box ¼ R, Arm movements, Body roll, Back rock w/arms, Cross L slightly over R. rock R to R side, recover onto L 06:00 1-2& 3&4& Cross R over L (3), turn ¼ R stepping L back (&), step R to R side (4) Arms: :4: R arm out in front of you at shoulder level, hand making a half circle - fingers pointing L :&: L arm out in front of you at shoulder level, hand making half circle (next to R hand for a full circle) 09:00 5-6 Body roll from top down ending with weight on R Arms: :5: Your hands switch shape from circle to heart bending fingers down and pulling in towards your chest□09:00 &7 Rock L back, recover onto R Arms: Keeping arms at shoulder level, push away when rocking back, and pull in when recovering - 09:00 C[8-15] \Box L lockstep sweep, Cross side rock, Rock collapse, Slide, Back pop \Box 8&1-2 Step L fw (8), lock R behind L (&), step L fw sweeping R CCW (1-2) 09:00 &3& Cross R over L, rock L to L side, recover onto R□09:00 4&5-6 Rock L fw collapsing upper body (4), recover onto R straightening body (&), big step back L dragging R towards L (5-6)□09:00 &7 Step R back, touch L fw popping L knee□09:00 C[16-24] Double body roll, ¼ L cross x2, Out out hip roll, Touch step x2, Touch 8-1-2 Step L back starting a quick body roll from top down (8), do another body roll (1-2) weight ending LD09:00 &3&4 Turn ¼ L stepping R to R side, cross L over R, repeat□03:00 &5-6 Step out R, step out L starting 1/2 hip roll CCW – weight R 03:00 &7&8& Touch L next to R, step L slightly diagonally fw, touch R next to L, step R slightly diagonally fw, touch L next to R□03:00 C[25-32] Step, Sailor step behind, Side rock ¼ R, Slide, Ball coaster step, Step Step L diagonally fw□03:00 1 2&3 Cross R behind L, step L slightly L, step R to R side□03:00 &4& Cross L behind R, rock R to R side, recover onto L with a ¼ R□06:00 5-6 Big step back R, dragging L to R□06:00 &7&8& Step L next to R (&), step R back (7), step L next to R (&) step R fw (8), step L next to R (&) Note: When doing the 3rd C: You only dance up to here and go into part B.
- Instead of stepping L next to R you touch L next to R on the last & 06:00

C[33-40] Side together x2, Diagonal lockstep flick, Spiral 5/8 L, Ball cross

- 1-2& Step R to R side, step L next to R, step R in place □06:00
- 3&4&5 Step L diagonally fw, lock R behind L, Step L fw, lock R behind L, Step L fw flicking R back 04:30
- 6-7 Step R fw (6), turn 5/8 L keeping weight on R (7) 09:00
- &8Step L to L side, cross R over L□09:00

C[41-48] Volta 7/8 L, 1/8 L Side rock, Rock sweep sweep, Sailor 1/4 L cross

1&2&3 Turn ¼ L crossing L slightly over R, ball R next to L, turn ¼ L crossing L slightly over R, ball R next to L, turn ¾ L crossing L slightly over R□10:30

- &4 Rock R to R side, recover onto L turning ¼ L (square up)□09:00
- &5-6 Rock R fw, recover onto L sweeping R CW, step R back sweeping L CCW 09:00
- 7&8 Turn ¼ L stepping L behind R, step R to slightly R, cross L over R□06:00

C[49-56] \Box Side together x2, Diagonal lockstep flick, Spiral 5/8 L, Ball cross (Repeat of counts 33-40) \Box

- 1-2& Step R to R side, step L next to R, step R in place □06:00
- 3&4&5 Step L diagonally fw, lock R behind L, Step L fw, lock R behind L, Step L fw flicking R back 04:30
- 6-7 Step R fw (6), turn 5/8 L keeping weight on R (7)□09:00
- &8Step L to L side, cross R over L□09:00

C[57-64] Step, Sailor step behind, Side rock ¼ R, Slide, Ball coaster step, Touch

(Similar to counts 25-32 – only the last touch is different) \square

- 1 Step L diagonally fw□03:00
- 2&3 Cross R behind L, step L slightly L, step R to R side□03:00
- &4& Cross L behind R, rock R to R side, recover onto L with a ¼ R□06:00
- 5-6 Big step back R, dragging L to R 06:00
- &7&8& Step L next to R (&), step R back (7), step L next to R (&) step R fw (8), Touch L next to R (&)

Note: When doing the 1st C:

Instead of touching L next to R you step L next to R on the last & before going into part AD06:00

Ending (starts facing 09:00)

[1-8] Slow batucada x2, Batucadas, Kick out out, Touch

- 1-2& Press L fw rolling hip ccw (1), transferring weight onto R (&), step L next to R 09:00
- 3-4& Repeat w/ R rolling hips cw□09:00
- 5&6& Repeat counts 1-4 double tempo travelling slightly back 09:00
- 7&8& Kick L, step out out L R, touch L next to R 09:00

[9-16]□Step, Sailor step behind, Side rock ¼ R, Slide, Ball coaster step, Out out□

- 1 Step L diagonally fw□09:00
- 2&3 Cross R behind L, step L slightly L, step R to R side□09:00
- &4& Cross L behind R, rock R to R side, recover onto L with a ¼ R□12:00
- 5-6 Big step back R, dragging L to R 12:00
- &7&8&1 Step L next to R (&), step R back (7), step L next to R (&) step R fw (8), step L out (&), step R out (1)

Arms:

On counts 8&1 you do:

- :8: R arm out in front of you at shoulder level, hand making a half circle fingers pointing L
- :&: L arm out in front of you at shoulder level, hand making half circle (next to R hand for a full circle)
- :1: Your hands switch shape from circle to heart bending fingers down \Box 12:00

Hope you enjoy