Con	npte: 32	Mur : 4	Niveau: Improver		
	•	ukø Lund (NOR) - Jan	•		
Musique: Chasin' Them Better Days - Jon Pardi					
#16 count i	ntro				
Section 1: 2	2 walks fwd R-L	., anchor step, coaste	· step, mambo cross, side		
1-2	Walk forward on RF, walk forward on LF				
3&4	Step ball of RF behind LF, step LF in place, step RF backwards				
5&6	Step LF backwards, step RF next to LF, step LF forward				
&7&8	Rock RF to R, recover on LF, cross RF over LF, step LF to L				
Section 2:	Sailorstep, wine	1/4 turn R, syncopat	ed rocks X2		
1&2	Cross RF behind LF, step LF next to RF, step RF to R				
3&4	Cross LF behind RF, 1/4 turn R(3.00), step RF forward, step LF forward				
5&6	Rock RF forward, recover on LF, rock RF backwards				
&7&8	Recover on LF, rock RF forward, recover on LF, touch RF next to LF				
*Restart he	ere in wall 3				
Section 3: (Chasse with 1/4	turn R, kick ball step	L, 1/4 turn R with slide, skate bac	kwards R-L	
1&2	Step RF to	o R, step LF next to R	F, 1/4 turn R(6.00), step RF forwa	ard	
3&4	Kick LF fo	rward, step ball of LF	next to RF, step RF forward		
5-6	1/4 turn R	(9.00), slide to L, step	LF to L, touch RF next to LF		
7-8	Skate bac	Skate backwards R-L			
*Restart aff	ter count 3&4 in	wall 6			

- Step LF forward, step RF next to LF, step LF forward 3&4
- 5-6 1/2 turn L(3.00) step RF backwards, 1/2 turn L(9.00) step LF forward
- 7&8 Kick RF forward, step ball of RF next to LF, step LF forward

Option on count 5-6 full turn: Walk R-L

*Restart in wall 3 after section 2, facing 9 o'clock

*Restart in wall 6 in section 3 after count 3&4, facing 9 o'clock

Note to the 2nd restart: Kick ball step

Kick LF forward, step ball of LF next to RF, touch RF next to LF 3&4

When the instrumental in the music starts at the end of wall 9, just keep on dancing:)

