

Shake Our Pants Off (P)

Compte: 48

Mur: 0

Niveau: Intermediate Partner

Chorégraphe: Greg Van Zilen (USA) - March 2017

Musique: T-Shirt - Thomas Rhett



Step description by Outta Line Country Dance Instruction

Starting Position: Facing LOD, single hand hold man's right and ladies left

Intro: 24 count start dancing on lyrics - Mirror Footwork Unless Noted

Note: Steps listed are man's footwork, ladies will mirror man unless noted

(1-8) Strutting bumps

- 1&2 Angle body slightly L and touch R toe forward bumping hips R, bump L, bump R while dropping heel.
- 3&4 Angle body slightly R and touch L toe forward bumping hips L, bump R, bump L while dropping heel.
- 5&6 Angle body slightly L and touch R toe forward bumping hips R, bump L, bump R while dropping heel.
- 7&8 Angle body slightly R and touch L toe forward bumping hips L, bump R, bump L while dropping heel.

Note: If you don't like to bump that much just do regular struts 1-toe, 2-drop heel etc.

(9-16) Kick & touch, step, turn ½, kick & touch, step turn ¼

- 1&2 Kick right foot forward, step right foot in place, touch left toe to side.
- 3,4 Step left foot forward, turn ½ right transferring weight to right foot.
- 5&6 Kick left foot forward, step left foot in place, touch right toe to side.
- 7,8 Step right foot forward, turn ¼ left transferring weight to left foot.

Hands: On count 3 release hands then picking up man's left and ladies right on count 4.

On count 8 join in two hand hold, partners are now facing each other, man looking OLOD.

(17-24) Hip bumps, rock back, replace, ½ turning shuffle changing sides

- 1&2 Bump hips right, left, right.
- 3&4 Bump hips left, right, left.
- 5,6 Step right foot back, replace weight onto left foot.
- 7&8 ¼ turn left stepping right foot to side, step left foot next to right, ¼ turn left stepping right foot back.

Hands: On count 5 release man's right and ladies left hands.

On count 7 raise man's left and ladies right hands for lady to turn under. Man is now facing ILOD.

Footwork note: Ladies direction of turn is right and will be passing FLOD of the man.

(25-32) Coaster cross, sway, scissors, sway

- 1&2 Step left foot back, step right foot next to left, cross left foot in front of right.
- 3,4 Step right foot to side swaying hips right, sway hips left.
- 5&6 Step right foot to side, step left foot next to right, cross right foot in front of left.
- 7,8 Sway left foot to side swaying hips left, sway hips right.

Hands: On count 1 lower man's left and ladies right hands as you rejoin in two hand hold.

(33-40) Rock back, replace, ½ turning shuffle changing sides, rock back, replace, step, turn ¼

- 1,2 Step left foot back, replace weight onto right foot.
- 3&4 ¼ turn right stepping left foot to side, step right foot next to left, ¼ turn right stepping left foot back.
- 5,6 Step right foot back, replace weight onto left foot.
- 7,8 Step right foot slightly forward, turn ¼ left transferring weight to left foot.

Hands: On count 1 release man's right and ladies left hands. On count 3 raise man's left and ladies right hands for lady to turn under then lowering on count 5. On count 7 join man's right and ladies left hands while releasing man's left and ladies right. On count 8 partners are facing LOD.

Footwork note: Ladies direction of turn is left and will be passing FLOD of the man.

(41-48) Four shuffles traveling LOD turning $\frac{1}{2}$ on 2nd and 3rd shuffles (or shuffle without turning)

1&2 Step right foot forward, step left foot next to right, step right foot forward.

3&4 $\frac{1}{2}$ turn right stepping left foot back, step right foot next to left, step left foot back.

5&6 $\frac{1}{2}$ turn right stepping right foot forward, step left foot next to right, step right foot forward.

7&8 Step left foot forward, step right foot next to left, step left foot forward.

Hands: Unless not turning release hands on count 2 rejoining on count 6.

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