

Alena

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Raymond Sarlemijn (NL) & Roy Verdonk (NL) - June 2017

Musique: Alena - Claydee



Tag : 4 counts after wall 8 (facing 12.00)

Step Forward R, 1/4 Turn R, Side L, Sailor R With 1/4 Turn R, Step Forward L, 1/4 Turn L, Side R, Sailor L With 1/2 Turn L

- 1-2 Rf step forward, make 1/4 turn right stepping Lf left (3.00)
- 3&4 Rf cross behind Lf making 1/4 turn right (6.00), Lf step slightly side (&), Rf step forward
- 5-6 Lf step forward, make 1/4 turn left stepping Rf right (3.00)
- 7&8 Lf cross behind Rf making 1/2 turn left (9.00), Rf step slightly side (&), Lf cross in front of Rf

Side R With Touch Behind, Hold, Samba Basic L/R, Extended Cross Shuffle With 3/4 Turn L

- &1-2 Rf step right (&), Lf touch behind Rf while looking right, hold (optional a pose)
- 3&4 Lf step left, Rf cross rock behind Lf (&), recover onto Lf
- 5&6 Rf step right, Lf cross rock behind Rf (&), recover onto Rf
- 7&8 make 1/4 turn left stepping Lf forward(6.00), step behind on ball of Rf(&), make 1/4 left stepping Lf forward(3.00)
- &1 step behind on ball of Lf(&), make 1/4 turn left crossing Rf in front Lf (12.00)

Touch Side, Touch Together, Side R, Weave With Sweep, 1/2 Diamond

- 2&3 Rf touch right, Rf touch next to Lf(&), Rf step right
- 4&5 Lf cross behind Rf, Rf step right(&), Lf cross in front of Rf sweeping Rf from back to front
- 6&7 Rf cross in front of Lf , Lf step left(&), make 1/8 turn right stepping back on Rf (1.30)
- 8&1 Lf step back, make 1/8 turn right stepping Rf right(&) (3.00), make 1/4 turn right stepping Lf forward(6.00)

Out/Out, Shuffle R With 1/4 Turn R, Syncopated 1/2 Turn R, Forward R, Step Together

- 2-3 Rf step out, Lf step out
- 4&5 Rf step right, Lf step together(&), make 1/4 turn right stepping Rf forward(9.00)
- 6&7 Lf step forward, make 1/2 turn right stepping Rf forward(&) (3.00), Lf step forward
- 8& Rf step forward, Lf step together (&)

Tag : after wall 8 a 4 count tag appears

- 1-2-3-4 Rf touch toes forward and tap heel 4X

(N.B. as you tap your heel you can have different optional arm movements, please check videos for different styles)