Countryholic



Compte: 44 Mur: 2 Niveau: Intermediate

Chorégraphe: Sarah A. Tucker (USA) - July 2017

Musique: Countryholic - Sons of the Palomino : (iTunes)



Intro: 16 counts

[1-8] TOE, HEEL, TOE, HEEL, TOE, HEEL

1-2 right toe, heel forward
3-4 left toe, heel forward
5-6 right toe, heel forward
7-8 left toe, heel forward

[9-16] PIVOT OVER LEFT SHOULDER COMPLETING A HALF TURN

step RF forward and pivot 1/8 turn to left
step RF forward and pivot 1/8 turn to left
step RF forward and pivot 1/8 turn to left
step RF forward and pivot 1/8 turn to left
step RF forward and pivot 1/8 turn to left

[17-24] STEP TO RIGHT SIDE AND TOUCH IN, OUT, IN (REPEAT ON L)

step to right and touch LF next to R
step LF to left and back next to R
step to left and touch RF next to L
step RF to right and back next to L

[25-32] STEP FORWARD AND BEGIN 4 QUARTER HITCHES TO THE LEFT

step RF forward and hitch left knee ¼ pivot to left
step LF forward and hitch right knee ¼ pivot to left
step RF forward and hitch left knee ¼ pivot to left
step LF forward and hitch right knee ¼ pivot to left

[33-40] STEP TO SIDE, BEHIND, SIDE, FORWARD, THEN BOX STEP

step RF over to right, step LF next RF

step RF to right side, step LF behind RF
step RF to right side, cross LF in front of right
cross RF over LF, step back on LF

[41-44] STOMP RF, LF AND SWIRL HIPS LEFT TO RIGHT

1-2 stomp RF, then LF3-4 swirl hips left to right

Wall 1: restart after the 4 hitches

Wall 4: do first 16 counts of the dance and then restart

Wall 8: dance until the box step, then restart

Wall 9: Complete the full dance but add an additional "side, behind, side in front, box step", and then finish

with 4 box steps to the left

7-8

(Option: End the dance by twirling a full turn to the left, if you wish.)

Contact: sarahanntucker@msn.com