Shallow Water

Compte: 48

Niveau: Beginner

Chorégraphe: Myra Harrold (SCO) - August 2017

Musique: Deep Water - Alisan Porter : (Single)

Starts On Vocals, 18 Counts In - No Tags Or Restarts Sec 1: Lf Forward, 1/2 L, Back R, L, Back Feet Apart, Rock R, L, R 1-3 Step Lf Forward, 1/2 Turn L, Step Back Rf Then Lf (6) 4-6 Step Back/Out Rock Rf Side R, Rock Lf Side L, Rock Rf Side R (6) Sec 2: Cross L Over R.Rock R,1/4 L.Recover On L.R Forward,1/2 R.Walk Back L.R 1-3 Cross Lf Over Rf, Rock Rf Out To R Side, 1/4 Turn L, Step Lf Forward (3) 4-6 Rf Forward, 1/2 Turn R, Step Lf Back, Step Rf Back (9) Sec 3: Lf Back.1/4 R.Side R.Touch L Toe To Rf.1/8 R.Forward L.R.1/2 L .Recover On Lf Step Lf Back, 1/4 Turn R, Big Step Rf To R Side, Bring L Toe To Touch Beside Rf (12) 1-3 4-6 1/8 Turn R, Into Diagonal, Lf Forward, Rf Forward, 1/2 Turn L, Recover Forward On Lf (7) Sec 4: Forward Rf,Lf,1/2 Turn R,Forward Rf,Press L Forward,Recover,1/8 Turn L,Step L Side 1-3 Rf Forward, Lf Forward, 1/2 Turn R, Recover On Rf Forward, Still Diagonal (1) 4-6 Press Lf Forward, Still Diagonal, Recover On Rf, 1/8 Turn L, Step Lf To L Side (12) Sec 5: Cross R Over L, Point Lf To L, Hold, Lf Behind, 1/4 R, Step Rf, Lf Forward 1-3 Cross Rf Over Lf, Point Lf Out To L Side, Hold (12) 4-6 Step Lf Behind Rf, 1/4 R, Step Rf Forward, Step Lf Forward (3) Sec 6: Point Rf Forward, 1/4 L, Flick Rf Back, Rf Forward, Walk 1/2 Turn L 1-3 Point Rf Forward, 1/4 Turn L, Flick Rf Back, Step Rf Forward (12) 4-6 Walk Round To L, Stepping 1/4 L With Lf, 1/4 L With Rf, Step Forward On Lf (6) Sec 7: Cross Rf Over Lf, Twinkle 1/4 R, Forward Lf, Sweep Rf 1/4 L 1-3 Cross Rf Over Lf, Bring Lf To Rf, 1/4 Turn R, Step Rf Forward (9) 4-6 Step Lf Forward, Sweep Rf Round Turning 1/4 Turn L (6) Sec 8: Cross Rf Over Lf, Twinkle, Cross Lf Over Rf, Step R, Touch L Toe To R 1-3 Cross Rf Over Lf, Bring Lf To Rf, Step Rf In Place (6) 4-6 Cross Lf Over Rf, Big Step To R Side, Touch L Toe To Rf. (6) Start Again The Music Slows Slightly Near The End, Keep Dancing, Keep Smiling. Contact: marthaharrold@outlook.com





Mur: 2