Compte: 32
Mur: 4
Niveau: High Beginner
Chorégraphe: Anna Szymanski (USA) - June 2017
Musique: 2 Heads - Coleman Hell : (iTunes and Amazon)

## (No Tags Or Restarts)

Intro: On the word "water" start counting and wait 32 counts. Then, dance these 32 counts as an "intro" - only once during the instrumental section at the beginning of the song.
[1-32] VINE R, TOUCH, VINE L, TOUCH, FORWARD 3, TOUCH, BACK 3, TOUCH, REPEAT
1-4 Step $R$ to right (1); Step $L$ behind $R(2)$; Step $R$ to right (3); Touch $L$ beside $R(4)$
5-8 Step $L$ to left (5); Step $R$ behind $L$ (6); Step $L$ to left (7); Touch $R$ beside $L$ (8)
1-4 Walk forward R, L, R (1-3); Touch L beside R (4)
5-8 Walk back L, R, L (5-7); Touch R beside L (8)
1-16 Repeat above 16 counts (12:00)
Dance: This starts with the lyrics at approximately 33 seconds into the song on the word "you'.
[1-8] ROCK R, RECOVER, R COASTER STEP, ROCK L, RECOVER, L COASTER
1-2 Rock $R$ to right circling $R$ hip forward/out to right (1); Recover on $L$ (2)
3\&4 Step R back (3); Step L beside R (\&); Step R forward (4)
5-6 Rock $L$ to left circling $L$ hip forward/out to left (5); Recover on $R$ (6)
7\&8 Step L back (7); Step R beside L (\&); Step L forward (8) (12:00)
[9-16] ROCKING CHAIR, $1 / 2$ PIVOT TURN, TRIPLE STEP with EITHER 1/2 OR 1 \& $1 / 2$ L TURN
1-4 Rock R forward (1); Recover on L (2); Rock R back (3); Recover on L (4)
5-6 Step $R$ forward (5); Turn 1/2 left shifting weight to $L$ (6)
$7 \& 8 \quad$ Turn 1/4 left stepping $R$ to right (7); Step L beside $R(\&)$; Turn $1 / 4$ left stepping $R$ back (8) (12:00)
Experienced dancers option for count 7\&8: You may do a $1 \& 1 / 2$ turn left -
Turn $1 / 2$ left stepping $R$ back (7); Turn 1/2 left stepping L forward (\&); Turn 1/2 left stepping R back (8). Take small steps as you turn. End facing 12:00.
[17-24] POSE, HOLD, DIAGONAL WALKS, FORWARD MAMBO, COASTER STEP SQUARING UP
1-2 Allowing body to face 11:00-Step $L$ foot behind $R$ like a "sit" position with ball of $R$ foot on the floor and knees slightly bent - (optional arms - L arm up to left, $R$ arm out to right side, palms down, elbows slightly bent) (1); Hold (2) (11:00)
Experienced dancers option for counts 1-2: Allowing body to face 11:00-Step $L$ foot behind $R$ with weight up on balls of both feet - legs straight - arms same as above (1); Hold as you lower and shift weight to $L$ foot (2)
3-4
Toward 11:00-Step R forward (3); Step L forward (4) (arms come down as you walk)
5\&6 Rock R forward (5); Recover on L (\&); Step R back (6) (11:00)
7\&8 Step L back (7); Step R beside L squaring up to 12:00 (\&); Step L forward (8) (12:00)
[25-32] JAZZ BOX 1/4 TURN R, JAZZ BOX CROSS
1-4 Cross $R$ over $L$ (1); Step $L$ back (2); Turn 1/4 right stepping $R$ to right (3); Step $L$ slightly forward (4) (3:00)
5-8 Cross R over L (5); Step L back (6); Step R to right (7); Cross L over R (8) (3:00)

## BEGIN AGAIN! ENJOY!

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