Circle (圓圈) (zh)

Compte: 96 **Mur:** 1 **Niveau:** Phrased Low Intermediate
Chorégraphe: Nina Chen (TW) & Molly Yeoh (MY) - 2017年09月
Musique: Ring (圓圈) - Barbie (芭比)

Intro: 16 counts
Sequence: Intro (B), (A A Tag1), (A A Tag2 C), (A A B C), (A A B)

Part A: (32 counts)
A1: BACK MAMBO - SWEEP 1/4 L, FWD MAMBO - SWEEP 1/4 R

1&2, 3-4	Rock RF back - Recover onto LF - Step RF beside LF, Sweep LF from R to L in a big circle 1/4 turn L (9:00) touch LF beside RF (2 counts)
5&6, 7-8	Rock LF fwd - Recover onto RF - Step LF beside RF, Sweep RF from L to R in a big circle 1/4 turn R (12:00) touch RF beside LF (2 counts)
1&2, 3-4	右足後下沉 - 重心回左足 - 右足併踏左足旁, 左足由右至左畫一個大圈 向左轉 1/4 (9:00) 左足點 於右足旁 (兩拍)
5&6, 7-8	左足前下沉 - 重心回右足 - 左足併踏右足旁, 右足由左至右畫一個大圈 向右轉 1/4 (12:00) 右足點 於左足旁 (兩拍)

A2: (R & L) CROSS MAMBO, BACK - TOUCH - BACK - TOUCH - BACK - TOUCH - BACK

1&2, 3&4	Cross RF over LF - Recover onto LF - Step RF to R, Cross LF over RF - Recover onto RF - Step LF to L
5&6&7&8	Step RF back - Touch LF slightly fwd - Step LF back - Touch RF slightly fwd – Step RF back - Touch LF slightly fwd - Step LF back
1&2, 3&4	右足前跨 - 重心回左足 - 右足右踏, 左足前跨 - 重心回右足 - 左足左踏
5&6&7&8	右足後踏 - 左足略前點 - 左足後踏 - 右足略前點 - 右足後踏 - 左足略前點 - 左足後踏

A3: (R & L) POINT - HITCH - SIDE - TOUCH

1-4	Point R toes to R - Hitch RF over LF - Step RF to R - Touch LF beside RF
5-8	Point L toes to L - Hitch LF over RF - Step LF to L - Touch RF beside LF
1-4	右足尖右點 - 右足抬起前跨 - 右足右踏 - 左足點於右足旁
5-8	左足尖左點 - 左足抬起前跨 - 左足左踏 - 右足點於左足旁

A4: L WEAVE - POINT, CROSS - 1/4 L BACK - L CHASSE

1-4	Cross RF over LF - Step LF to L - Cross RF behind LF - Point L toes to L
5-6, 7&8	Cross LF over RF - 1/4 turn L (9:00) step RF back, Step LF to L - Step RF beside LF - Step LF to L
1-4	右足前跨 - 左足左踏 - 右足後跨 - 左足尖左點
5-6, 7&8	左足前跨 - 左轉 1/4 (9:00) 右足後踏, 左足左踏 - 右足併踏左足旁 - 左足左踏

Part B (Intro dance): (32 counts)
B1: R SIDE - TOUCH - L SIDE - TOUCH, R CHASSE, ROCK BACK - RECOVER

1-4	Step RF to R - Touch LF beside RF - Step LF to L - Touch RF beside LF
5&6, 7-8	Step RF to R - Step LF beside RF - Step RF to R, Rock LF back - Recover onto RF
1-4	右足右踏 - 左足點於右足旁 - 左足左踏 - 右足點於左足旁
5&6, 7-8	右足右踏 - 左足併踏右足旁 - 右足右踏, 左足後下沉 - 重心回右足

B2: L SIDE - TOUCH - R SIDE - TOUCH, L CHASSE, ROCK BACK - RECOVER

1-4	Step LF to L - Touch RF beside LF - Step RF to R - Touch LF beside RF
5&6, 7-8	Step LF to L - Step RF beside LF - Step LF to L, Rock RF back - Recover onto LF
1-4	左足左踏 - 右足點於左足旁 - 右足右踏 - 左足點於右足旁
5&6, 7-8	左足左踏 - 右足併踏左足旁 - 左足左踏, 右足後下沉 - 重心回左足

B3: ROCKING CHAIR, FWD SHUFFLE, FWD PIVOT 1/2 R

1-4	Rock RF fwd - Recover onto LF - Rock RF back - Recover onto LF
5&6, 7-8	Fwd shuffle (R L R), Step LF fwd - Pivot 1/2 R (6:00) weight onto RF
1-4	右足前下沉 - 重心回左足 - 右足後下沉 - 重心回左足
5&6, 7-8	前交換步 (右 左 右), 左足前踏 - 向右踏轉 1/2 (6:00) 重心回右足

B4: FWD ROCK - RECOVER, COASTER STEP, FWD PIVOT 1/2 L - BRUSH - TOUCH

1-2, 3&4	Rock LF fwd - Recover onto RF, Step LF back - Step RF beside LF - Step LF fwd
5-8	Step RF fwd - Pivot 1/2 L (12:00) weight onto LF - Brush RF fwd - Tocuch RF beside LF
1-2, 3&4	左足前下沉 - 重心回右足, 左足後踏 - 右足併踏左足旁 - 左足前踏
5-8	右足前踏 - 向左踏轉 1/2 (12:00) 重心回左足 - 右足前刷 - 右足點於左足旁

Part C: (32 counts)

C1: SIDE - TOGETHER - SIDE - TOGETHER - SIDE - TOGETHER - SIDE - TOUCH

1-4	Step RF to R - Step LF beside RF - Step RF to R - Step LF beside RF
5-8	Step RF to R - Step LF beside RF - Step RF to R - Touch LF beside RF
1-4	右足右踏 - 左足併踏右足旁 - 右足右踏 - 左足併踏右足旁
5-8	右足右踏 - 左足併踏右足旁 - 右足右踏 - 左足點於右足旁

C2: TOE STRUT WITH JAZZ BOX

1-4	Touch L toe over RF - Drop L heel to the floor - Touch R toe back - Drop R heel to the floor
5-8	Touch L toe L - Drop L heel to the floor - Touch R toe over LF - Drop R heel to the floor
1-4	左足尖前跨點 - 放落左足跟回地板 - 右足尖後點 -放落右足跟回地板
5-8	左足尖左點 - 放落左足跟回地板 - 右足尖前跨點 - 放落右足跟回地板

C3: LONG DIAGONAL FWD LOCKSTEP

1-4	Step LF slightly diagonal fwd - Lock RF behind LF - Step LF slightly diagonal fwd - Lock RF behind LF
5-8	Step LF slightly diagonal fwd - Lock RF behind LF - Step LF slightly diagonal fwd - Touch RF beside LF
1-4	左足略左斜前踏 - 右足鎖於左足後 - 左足略左斜前踏 - 右足鎖於左足後
5-8	左足略左斜前踏 - 右足鎖於左足後 -左足略左斜前踏 - 右足點於左足旁

C4: HANDS STYLE - KNEE IN - WALK AROUND 1/2 R - TOGETHER

1-4	Fold R hand across in the chest (may sway your body same time), Fold L hand across in the chest (may sway your body same time) - Both hands open out wide - Turn R Knee in (weight on L)
5-8	1/2 R turn walk semi cirlce (R L R) (6:00) - Step LF beside RF
1-4	右手環抱於胸前(身體同時擺動) - 左手環抱於胸前(身體同時擺動) - 雙手於胸前向外敞開 - 右膝向內彎
5-8	(右 左 右) 半圓形向右轉1/2 走三步 (6:00) - 左足併踏右足旁

Tag1: (16 counts)

Sec1: HIPS BUMP - 1/4 R FWD - 1/4 HITCH, SHIMMY - TOUCH

1-4	Hips bump (R L) - 1/4 turn R step RF fwd - 1/4 turn R hitch LF
5-8	Step LF to L while Shimmy shoulders - Touch RF beside LF
1-4	推臀 (右 左) -右轉1/4 右足前踏 - 右轉1/4 左足抬起
5-8	左足左踏同時擺動肩部 - 右足點於左足旁

Sec2: HIPS BUMP - 1/4 R FWD - 1/4 HITCH, SHIMMY - TOUCH

1-4	Hips bump (R L) - 1/4 turn R step RF fwd - 1/4 turn R hitch LF
5-8	Step LF to L while Shimmy shoulders - Touch RF beside LF
1-4	推臀 (右 左) -右轉1/4 右足前踏 - 右轉1/4 左足抬起
5-8	左足左踏同時擺動肩部 - 右足點於左足旁

Tag2: (32 counts)

Sec1: FWD ROCK - RECOVER, BACK SHUFFLE, BACK ROCK - RECOVER, FWD SHUFFLE

1-2, 3&4	Rock RF fwd - Recover onto LF, Back shuffle (R L R)
5-6, 7&8	Rock LF back - Recover onto RF, Fwd shuffle (L R L)
1-2, 3&4	右足前下沉 - 重心回左足, 後交換步 (右 左 右)
5-6, 7&8	左足後下沉 - 重心回右足, 前交換步 (左 右 左)

Sec2: (R & L) SIDE ROCK - RECOVER, CROSS SHUFFLE

1-2, 3&4	Rock RF to R - Recover onto LF, Cross shuffle (R L R)
5-6, 7&8	Rock LF to L - Recover onto RF, Cross shuffle (L R L)
1-2, 3&4	右足右下沉 - 重心回左足, 跨交換步 (右 左 右)
5-6, 7&8	左足後下沉 - 重心回右足, 前交換步 (左 右 左)

Sec3: FWD PIVOT 1/2 L - FWD SHUFFLE, FWD PIVOT 1/2 R - FWD SHUFFLE

1-2, 3&4	Step RF fwd - Pivot 1/2 L (6:00) weight onto LF, Fwd shuffle (R L R)
5-6, 7&8	Step LF fwd - Pivot 1/2 R (12:00) weight onto RF, Fwd shuffle (L R L)
1-2, 3&4	右足前踏 -向左踏轉 1/2 (6:00) 重心回左足, 前交換步 (右 左 右)
5-6, 7&8	左足前踏 -向右踏轉 1/2 (12:00) 重心回右足, 前交換步 (左 右 左)

Sec4: (R & L) SIDE ROCK - RECOVER, CHA CHA CHA

1-2, 3&4	Rock RF to R - Recover onto LF, Step RF beside LF - Step LF inplace - Step RF inplace
5-6, 7&8	Rock LF to L - Recover onto RF, Step LF beside RF - Step RF inplace - Step LF inplace
1-2, 3&4	右足右下沉 - 重心回左足, 右足併踏左足旁 - 左足原地踏 - 右足原地踏
5-6, 7&8	左足後下沉 - 重心回右足, 左足併踏右足旁 - 右足原地踏 - 左足原地踏

Have Fun & Happy Dancing !!!

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