Shake, Rattle & Roll



Compte: 96

Mur: 1

Niveau: Phrased Beginner / Newcomer Novelty



Chorégraphe: Satu Ketellapper (NL) - September 2017 Musique: Shake, Rattle and Roll - Bill Haley & His Comets

Sequence: AB AB AA AB B

A: 48 counts

A[1-8] Chasse R, Rock step, chasse L, Rock step

- 1&2 R step R side, LF close next to RF, RF step R side
- 3-4 LF step behind, recover
- 5&6 L step L side, RF close next to LF, LF step L side
- 7-8 RF step behind, recover

A[9-16] jazz box, touch

- 1-2 RF cross over LF, hold
- 3-4 LF step back, hold
- 5-6 RF step R side, hold
- 7-8 LF touch next to RF, hold

A[17-24] chasse L, Rock step, chasse R, rock step

- 1&2 L step L side, RF close next to LF, LF step L side
- 3-4 RF step behind, recover
- 5&6 R step R side, LF close next to RF, RF step R side
- 7-8 LF step behind, recover

A[25-32] styled walks, swivels FWD, touch

- 1-4 LF step FWD, hold, RF step FWD, hold
- 5-8 LF swivel FWD, RF swivel FWD, LF swivel FWD, RF touch next to LF

A[33-40] step, touch ¼ 4x

- 1-2 RF step out ¼ turn (9:00), LF touch next to RF
- 3-4 LF step out ¼ turn (6:00), RF touch next to LF
- 5-6 RF step out ¼ turn (3:00), LF touch next to RF
- 7-8 LF step out ¼ turn (6:00), RF touch next to LF

A[41-48] big step to R side

1-8 RF make a big step to R side, point your finger

B: 48 counts

- B[1-8] Shake, shimmy, roll hips, 1/4 turn
- 1-6 Shake & Shimmy body
- 7-8 make ¼ turn (3:00)

B[9-16] Shake, shimmy, roll hips, 1/4 turn

- 1-6 Shake & Shimmy body
- 7-8 make ¼ turn (6:00)

B[17-24] Shake, shimmy, roll hips, 1/4 turn

- 1-6 Shake & Shimmy body
- 7-8 make ¼ turn (9:00)

B[25-32] Shake, shimmy, roll hips, ¼ turn1-8Shake & Shimmy body

B[33-40] kicks 8x 1/4 turn

1&2&	RF kick FWD, RF close next to LF, LF kick FWD, LF close next to RF
3&4&	(face: 10:00) RF kick FWD, RF close next to LF, LF kick FWD, LF close next to RF
5&6&	(face: 11:00) RF kick FWD, RF close next to LF, LF kick FWD, LF close next to RF
7&8&	(face: 12:00) RF kick FWD, RF close next to LF, LF kick FWD, LF close next to RF

B[41-48] Bees Knee's

1-8 Wobble knee's, Hand on knees,

Contact: satuketellapper@gmail.com